

# Effect of leaflet asymmetry on the stretching elasticity of lipid bilayers with phosphatidic acid

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**ABSTRACT** The asymmetry of membranes has a significant impact on their biophysical characteristics and behavior. This study investigates the composition and mechanical properties of symmetric and asymmetric membranes in giant unilamellar vesicles (GUVs) made of palmitoylcholine (POPC) and palmitoylphosphatidic acid (POPA). A combination of fluorescence quantification, zeta potential measurements, micropipette aspiration, and bilayer molecular dynamics simulations are used to characterize these membranes. The outer leaflet composition in vesicles is found consistent across the two preparation methods we employed, namely electroformation and inverted emulsion transfer. However, characterizing the inner leaflet poses challenges. Micropipette aspiration of GUVs show that oil residues do not substantially alter membrane elasticity, but simulations reveal increased membrane thickness and decreased interleaflet coupling in the presence of oil. Asymmetric membranes with a POPC:POPA mixture in the outer leaflet and POPC in the inner leaflet display similar stretching elasticity values to symmetric POPC:POPA membranes, suggesting potential POPA insertion into the inner leaflet during vesicle formation and suppressed asymmetry. The inverse compositional asymmetry, with POPC in the outer leaflet and POPC:POPA in the inner one yield less stretchable membranes with higher compressibility modulus compared with their symmetric counterparts. Challenges in achieving and predicting compositional correspondence highlight the limitations of phase-transfer-based methods. In addition, caution is advised when using fluorescently labeled lipids (even at low fractions of 0.5 mol %), as unexpected gel-like domains in symmetric POPC:POPA membranes were observed only with a specific type of labeled DOPE (dioleoylphosphatidylethanolamine) and the same fraction of unlabeled DOPE. The latter suggest that such domain formation may result from interactions between lipids and membrane fluorescent probes. Overall, this study underscores the complexity of factors influencing GUV membrane asymmetry, emphasizing the need for further research and improvement of characterization techniques.

**SIGNIFICANCE** Asymmetrically charged lipid bilayer models offer an improvement over commonly used symmetrical ones by naturally incorporating asymmetry, resulting in a more adequate range of biophysical membrane characteristics that better reflect biological membranes. This study focuses on the mechanical properties of phosphatidic acid (PA)-enriched membranes, a crucial lipid involved in cellular lipid metabolism and signal transduction. Micropipette aspiration, fluorescent PA sensor, and zeta potential studies reveal that asymmetric membranes are less stretchable compared with symmetric ones. Accompanying *in silico* studies on symmetric membranes confirm that oil impurities do not affect the stretching elasticity of the membrane but increase its thickness and decrease the coupling of the two leaflets, providing insights into the elastic behavior of experimental models of asymmetric lipid bilayers.

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## INTRODUCTION

Lipid vesicle models are commonly used to study the behavior and dynamics in biological membranes. Among them, giant vesicles represent a convenient system to directly explore and visualize the membrane under a microscope (1–4). As simplified biomembranes, often formed with a spherical shape, they can be employed to assess various membrane characteristics related to lipid dynamics,

mechanical or electrical properties, and organization. For instance, giant vesicles have been successfully used for cell function studies (5–7), as artificial tissue models (8), and for resolving protein-lipid interactions (9,10), to list just a few. However, one significant difference between biological membranes and those of synthetic (or even cell-derived) giant vesicles as investigated in a large bulk of studies is the lack of asymmetry in the latter. In living cells, membrane asymmetry is a prevalent and fundamental feature (11–13). While lipidomics studies have shown the presence of a variety of lipids within different cellular membranes, the significance of their transversal distribution remains poorly understood. The biophysical consequences of membrane asymmetry and the associated functional significance represent an emerging topic in cell physiology (14). Asymmetry plays a crucial role in the function of membrane proteins and lipid molecules, particularly those exclusively present in or associated with one of the membrane leaflets. By studying the distribution and dynamics of these lipids, we can gain valuable insights into the intricate mechanisms that govern cellular membranes and their interactions with the environment.

One such lipid type is phosphatidic acids (PAs). PAs have a negative charge and a phosphomonoester group. Compared with other membrane lipids, they are characterized by a relatively small headgroup. They are essential components in lipid metabolism, serving as precursors to the synthesis of various glycerophospholipids and modulating the shape and curvature of cellular membranes (15,16). PAs have been also proven to act as potent signaling molecules that govern several important aspects of cell biology (17), e.g., regulate activity of key metabolism-orchestrating kinase mTOR (10,18). Symmetric models of phosphatidylcholine (PC) membranes containing various types of PA have not shown particularly different characteristics (such as bending rigidity and area per lipid) that are specific to the PA lipid type (19). However, in biological systems, PAs have been observed to localize primarily within the inner leaflet of plasma membranes (11,20), and the enzymes responsible for PA synthesis, such as phospholipases D diacylglycerol kinase, are found to operate only at one of the leaflets of the plasma membrane and subcellular compartments (15,21,22). Thus, the characterization of asymmetric model systems, and comparison with their symmetric counterparts, could provide important information related to PA synthesis and membrane incorporation. The preparation of asymmetric models with PA in vesicles with sizes in the 100 nm range has already been reported (23). In this work, we use cell-sized giant unilamellar vesicles (GUVs) and our focus is on assessing the mechanical properties of such membranes, which could provide valuable insights into how asymmetry affects the membrane stability, elasticity, and other physical properties.

Progress toward understanding asymmetric membranes using giant vesicles became possible after the development

of methods that allow the preparation of synthetic asymmetric membrane models (1,4). The most common and still most-widely used method for production of GUVs with asymmetric leaflets is the phase-transfer method (also known as oil-droplet or emulsion transfer, or inverted emulsion method), first introduced by Trauble and Grell (24) and later employed in various studies (25–29). The approach involves the formation of each leaflet separately, followed by their combination under external force such as gravity, centrifugation, or microfluidic flow. The first step consists of the preparation of water-in-oil emulsion where the aqueous phase is dispersed in a nonpolar solvent (e.g., oil) containing lipids, which forms a monolayer at the water-oil interface of the emulsion droplets. The droplets are then covered by a second lipid monolayer. This is achieved by pulling them through another oil-water interface, stabilized by lipid building of the outer leaflet, to obtain the vesicle architecture. Alternative approaches to generate GUVs with asymmetric membrane composition are based on leaflet lipid exchange via hemifusion (30), cyclodextrin-mediated lipid exchange (31,32), and microfluidic jetting (33,34). These approaches have been applied predominantly on phosphatidylcholine-based membranes and it is questionable whether the use of other types of lipids, for example, with different amphiphilicity (or charge) and preference to the oil-water interface, would also lead to asymmetric membranes with compositional correspondence. Indeed, a previous study has demonstrated that cholesterol incorporates at a very low fraction in vesicles prepared using a phase-transfer approach (35).

There are only a few reports studying the mechanical properties of GUVs with asymmetric lipid membranes. These studies address the mechanics of POPC:DOPC (palmitoyloleoyl phosphatidylcholine:dioleoyl phosphatidylcholine) asymmetric vesicles obtained via the phase transfer method (36), reporting a bending rigidity almost twice higher than that of the corresponding symmetric systems. Similar effect was confirmed for asymmetric vesicles obtained with a microfluidic device (34). In addition, DMPC:DOPC (dimyristoyl phosphatidylcholine:dioleoyl phosphatidylcholine) vesicles, obtained using custom-made microfluidic devices (37), were shown to exhibit increased bending rigidity and area compressibility of the investigated asymmetric system compared with the symmetric ones. Furthermore, membranes with higher charge asymmetry were shown to be more prone to destabilization when exposed to pore-inducing electric pulses, suggesting that asymmetrically charged membranes are less stable (38).

In this work, we investigate the mechanical properties of asymmetric POPC:POPA (palmitoyloleoyl phosphatidylcholine:palmitoyloleoyl phosphatidic acid) membranes, where POPA is targeted to either the inner or the outer leaflet. To eliminate any possible influence of the preparation approach, we compare the asymmetric GUV systems to symmetric ones obtained using two different methods. To avoid misleading conclusions due to uncertainty

regarding the membrane composition, we employed various approaches for accurate membrane characterization such as the use of  $\alpha$ -synuclein-mEGFP as a PA sensor. This protein has been shown to strongly bind to membranes containing PA (39,40). Using micropipette aspiration, we probe the stretching elasticity of the membranes and discuss the resolved differences between the symmetric versus the asymmetric system and the influence of oil residues in the membrane resulting from the use of the phase-transfer preparation method. Overall, our study provides valuable insights into the properties of asymmetric lipid membranes containing PA and sheds light on their role in biological systems.

## MATERIALS AND METHODS

### Materials

The lipids POPC (1-palmitoyl-2-oleoyl-*sn*-glycero-3-phosphatidylcholine), POPA (1-palmitoyl-2-oleoyl-*sn*-glycero-3-phosphatidic acid), and DOPE (1,2-dioleoyl-*sn*-glycero-3-phosphoethanolamine), and fluorescent probes NBD-PC (1-palmitoyl-2-[6-[(7-nitro-2-1,3-benzoxadiazol-4-yl)amino]hexanoyl]-*sn*-glycero-3-phosphocholine) and Rh-DOPE (1,2-dioleoyl-*sn*-glycero-3-phosphoethanolamine-*N*-(lissamine rhodamine B sulfonyl), ammonium salt) were purchased from Avanti Polar Lipids (Alabaster, AL). The fluorescent probe TexasRed-DHPE (1,2-dihexadecanoyl-*sn*-glycero-3-phosphoethanolamine, triethylammonium salt) was purchased from Invitrogen (Waltham, MA). Rh-DHPE (*N*-(lissamine rhodamine B sulfonyl)-1,2-dihexadecanoyl-*sn*-glycero-3-phosphoethanolamine, triethylammonium salt) was purchased from Biotium (San Francisco, CA). Fluorescent probe Atto488-DOPE (1,2-dioleoyl-*sn*-glycero-3-phosphoethanolamine labeled with Atto-488) was purchased from Sigma-Aldrich International (Buchs, Switzerland). Chemical structures of lipids and fluorescent probes are presented in Fig. S1. Sucrose, glucose, imidazole, sodium dithionite, sodium chloride, EDTA (ethylenediaminetetraacetic acid), TEMED (*N,N,N',N'*-tetramethyl ethylenediamine), lysozyme from chicken egg white, Sigma-Aldrich light mineral oil (density 0.83 g/cm<sup>3</sup>, 1 L bottle), BCA Protein Assay Kit, and oligonucleotides were purchased from Sigma-Aldrich International. Low melting temperature agarose was purchased from Fisher Bioreagents (Waltham, MA). Roth mineral oil (density 0.88 g/cm<sup>3</sup>, 10 mL bottle—large volumes were avoided to minimize issues with humidity during handling the oil solutions), IPTG (isopropyl- $\beta$ -D-thiogalactopyranoside), TRIS (Tris-(hydroxymethyl)-amino methane), PMSF (phenylmethyl sulfonyl fluoride), Triton X-100, HEPES (*N*-2-hydroxyethylpiperazine-*N'*-2-ethane sulfonic acid), and Rotiporese Gel 30 were purchased from ROTH International (Wernberg-Köblitz, Germany). Restriction enzymes *EcoRI*-HF, *BamHI*-HF, and *DpnI*, as well as Phusion High-Fidelity DNA Polymerase Quick Ligation Kit, Q5 Site-Directed Mutagenesis Kit and NiCo21(DE3) Competent *E. coli* were purchased from New England Biolabs (Ipswich, MA). Ultrapure dNTPs Mix, agarose electrophoresis grade and OMNI nuclease were purchased from EURx (Gdańsk, Poland). NucleoSpin plasmid isolation kit and NucleoSpin gel and PCR clean-up kit were purchased from Macherey-Nagel (Düren, Germany). Pierce protease inhibitor tablets EDTA free and Pierce high capacity Ni-IMAC resin were purchased from Thermo Fisher Scientific (Waltham, MA, USA). TALON Metal Affinity Resin was purchased from Takara Bio (Mountain View, CA). Econo-Pac 10DG Desalting Columns and 4–20% gradient Mini-PROTEANTGX Precast Gels were purchased from Bio-Rad Laboratories (Hercules, CA, USA). Protein Labeling Kit RED-NHS 2nd Generation was purchased from NanoTemper Technologies (München, Germany). Glycerol, sodium chloride, and ammonium persulfate were purchased from POCH (Gliwice, Poland). LB Miller broth was purchased from IBI Scientific (Dubuque, IA, USA). Kanamycin sulfate was purchased from BioShop (Wyszków, Poland). Coomassie brilliant

blue R-250 was purchased from PanReac AppliChem (Darmstadt, Germany). Spectra/Por 6 Dialysis Tubing 25kD was purchased from Spectrum Laboratories (Garden City, GA, USA). pET3a aSyn murine plasmid containing a gene encoding mouse  $\alpha$ -synuclein was a gift from Gabriele Kaminski Schierle (Addgene, Watertown, MA, USA, plasmid no. 108865; <http://n2t.net/addgene:108865>; Addgene: 108865).

### Vesicle preparation

Both asymmetric and symmetric vesicles were obtained using the inverted emulsion method (also known as the phase-transfer method) (41–43) with some modifications. This method requires dissolving the lipids in oil. For this purpose, solutions of lipid in chloroform were evaporated under a stream of nitrogen, placed in vacuum for 1 h, and oil was added to a final lipid concentration of 0.4 mM. The samples were sonicated for 60 min and left overnight. Sigma light mineral oil was used to dissolve the lipids for the outer leaflet (emulsion solution) and Roth mineral oil was used as an emulsion oil for the inner leaflet. These specific oils were chosen to optimize vesicle yield and purity. Next, interfacial incubation was carried out by sequentially introducing 250  $\mu$ L of 700 mOsmol/kg glucose and 200  $\mu$ L of lipid in Sigma oil (interphase lipid-oil solution) in an Eppendorf protein LoBind tube. The tube was left for 3 h and then centrifuged for 5 min at 600  $\times$  *g* to ensure the formation of the interfacial lipid layer. The droplet emulsion (150  $\mu$ L) was prepared by adding sucrose solution (700 mOsmol/kg) to lipid in Roth oil (emulsion solution) in a 1:50 volume ratio. Water-in-oil emulsion was formed by performing a series of sequential rubs on a tube rack to form fine lipid droplets. The emulsion was slowly added to the top of the tube with a water/oil interface and centrifuged at 130  $\times$  *g* for 10 min. The oil layer was pipetted out and the vesicles were collected from the bottom of the tube. All preparation steps were conducted at room temperature ( $\sim$ 24°C). All experiments, unless specified otherwise, were conducted with freshly prepared GUVs.

To explore control vesicles with symmetric membranes, a standard electroformation protocol was used. In brief, 10  $\mu$ L of 4 mM POPC or POPC:POPA mixture with a fluorescent probe (0.2 mol %) in chloroform was spread evenly on indium-tin oxide-coated glass coverslips. These were then dried under vacuum for 1 h. The coverslips were then assembled with coated sides opposite to each other and sandwiching a Teflon spacer to form a chamber. The chamber was filled with 2 mL 150 mOsmol/kg sucrose. AC electric field of 1 Vpp and 10 Hz was applied for 2 h, at a temperature of 30°C. The vesicles were then harvested, and twofold diluted in isotonic glucose solution. Osmolalities were measured and adjusted using a freezing-point osmometer (Osmomat 3000, Gonotec, Germany).

Both preparation approaches were evaluated using phosphorus analysis (44) of the measured lipid mass content in the obtained GUVs and showed similar lipid amounts in the samples (see supporting material, section 9).

To form large unilamellar vesicles (LUVs) for calorimetry measurements, a thin lipid film was prepared by evaporating a lipid solution in chloroform in a glass vial using a stream of nitrogen. The vial was subsequently kept in vacuum for 2 h to remove any remaining traces of solvent. A volume of 1 mL 150 mOsmol/kg glucose solution was then added and the glass vial vortexed for 1 min to generate multilamellar vesicles. Both the glucose solution and the vial were preheated in an incubator at 50°C for 10–15 min before mixing. To produce LUVs (45), the multilamellar vesicle suspension was extruded at least 13 times through a 100 nm polycarbonate membrane using a mini-extruder (Avanti Polar Lipids). Extrusion was also performed in the incubator (at 50°C) to ensure that the lipids in the solution were in the fluid phase.

### Expression, purification, and labeling of $\alpha$ -synuclein

To obtain plasmid construct for overexpression of 8 $\times$ His-tagged murine  $\alpha$ -synuclein and these proteins fused with mEGFP (monomeric enhanced green fluorescent protein) in bacterial system, first the coding sequence

of the N-terminal (Met1-Lys60)  $\alpha$ -synuclein fragment was amplified and subcloned from pET3a  $\alpha$ Syn murine to a pET28 plasmid containing mEGFP coding sequence by double restriction digest (*Bam*HI and *Eco*RI enzymes) and ligation according to manufacturer protocols. Then the Restriction Free Cloning method was performed to clone the rest of the  $\alpha$ -synuclein sequence into the previously prepared construct and obtain a plasmid encoding the complete  $\alpha$ -synuclein sequence. The Restriction Free Cloning procedure was performed according to the instruction described by van den Ent and Löwe (46) using the primers designed in <https://www.rf-cloning.org/>. Then, to obtain a construct encoding  $\alpha$ -synuclein fused with mEGFP protein, site-directed mutagenesis was performed to remove the stop codon located between the sequence encoding  $\alpha$ -synuclein and the mEGFP protein. The procedure was performed using the Q5 Site-Directed Mutagenesis Kit according to the manufacturer's protocol. The web tool NEBaseChanger (<https://nebasechanger.neb.com/>) was used to design the mutagenic primers. To confirm and validate performed cloning, the obtained DNA constructs were subjected to Sanger sequencing with primers specific to T7 promoter and T7 terminator sequences (Microsynth SeqLab, Göttingen, Germany). The sequences of the primers used in the cloning procedures are provided in Table S1 of the supporting material.

Production of recombinant  $\alpha$ -synuclein ( $\alpha$ Syn) and  $\alpha$ -synuclein-mEGFP ( $\alpha$ Syn-mEGFP) protein was performed in *Escherichia coli* NiCo21 (DE3) strain. Two hundred milliliters of 50  $\mu$ g/mL kanamycin-supplemented LB Miller broth was inoculated with overnight pre-culture and incubated at 37°C at 200 rpm agitation to reach culture optical density ( $\lambda = 600$  nm) of 0.7. Then the protein overexpression was induced by adding IPTG at a final concentration of 100 or 400  $\mu$ M for  $\alpha$ Syn and  $\alpha$ Syn-mEGFP, respectively.  $\alpha$ Syn-mEGFP overexpression was carried out at 18°C at 200 rpm agitation for 18 h, whereas  $\alpha$ Syn overexpression was carried out at 37°C at 200 rpm agitation for 4 h. Next, cells were harvested by centrifugation (10,000  $\times$  g, 20 min, 4°C) and lysed by re-suspending the pellet in 10 mL of a lysis buffer (10 mM HEPES, 500 mM NaCl, 1 mg/mL lysozyme, 0.75% Triton X-100, 25 U/mL OMNI Nuclease, 10 mM imidazole, 1 mM PMSF, 1 $\times$  Price Protease Inhibitor Tablets EDTA free [pH 8.0]) and subsequent incubation for 1 h at 4°C under gentle mixing. Afterward, the suspensions were sonicated on ice for 15 min at 80% amplitude and 0.5 cycle (Hielscher UP100H Ultrasonic Processor with MS3 sonotrode). Lysates were then clarified by centrifugation (35,000  $\times$  g, 30 min, 4°C) and the supernatants were incubated with 1 mL of previously equilibrated Price High Capacity Ni-IMAC resin ( $\alpha$ Syn-mEGFP) or TALON Metal Affinity Resin ( $\alpha$ Syn) for 2 h at 4°C under gentle mixing. For  $\alpha$ Syn-mEGFP purification resin was packed into a chromatography column and washed with 100 mL of Wash Buffer 1 (10 mM HEPES, 500 mM NaCl, 10 mM imidazole, 20% glycerol [pH 8.0]), 100 mL of Wash Buffer 2 (10 mM HEPES, 300 mM NaCl, 10 mM imidazole, 20% glycerol [pH 8.0]), and 100 mL of Wash Buffer 3 (10 mM HEPES, 300 mM NaCl, 10 mM imidazole [pH 8.0]) until the absorbance (at  $\lambda = 280$  nm) of flow-through buffer, measured in a 1-cm optical path quartz cuvette, decreased below 0.01. Then protein was eluted from resin with an elution buffer (10 mM HEPES, 300 mM NaCl, 200 mM imidazole [pH 8.0]). Eluted fractions were then subjected to buffer exchange to

PBS (pH 7.4) on an Econo-Pac 10DG column. Buffer exchange was performed according to the manufacturer's protocol. Protein concentration was then determined using the BCA assay as described in the manufacturer's protocol. The purity and molecular weight of the produced protein was determined by SDS-PAGE in a Laemmli system (47) (12 and 4–20% gradient resolving gel for  $\alpha$ Syn-mEGFP and  $\alpha$ Syn, respectively) with the following Coomassie brilliant blue R-250 staining. The SDS-PAGE analysis is shown in Fig. S2. The purified protein was then aliquoted, flash frozen in liquid nitrogen, and stored at  $-80^{\circ}\text{C}$ .

In addition to  $\alpha$ Syn-mEGFP, we employed a second fluorescently labeled analog of the protein, namely  $\alpha$ Syn-RED. The labeling was performed using Protein Labeling Kit RED-NHS 2nd Generation according to the manufacturer's protocol with minor modifications. In brief, a solution of 10  $\mu$ M  $\alpha$ Syn in PBS buffer (pH 7.4) was incubated for 30 min at room temperature in the presence of 60  $\mu$ M amine-reactive fluorescent tag RED-NHS. Subsequently, the labeled protein was separated from the unbound fluorophore using a size-exclusion chromatography column provided by the manufacturer in the kit and equilibrated with 10 mM HEPES buffer (pH 7.4) with 150 mM NaCl buffer. Protein concentration and degree of labeling was then analyzed as described in the kit manual.

## Fluorescence quantification

The quantification of the fluorescence signal of the NBD-PC dye was done on a confocal microscope (Leica Microsystems TCS SP5, Wetzlar, Germany) using a 40 $\times$  HCX PLAN APO dry objective, NA 0.75. Confocal cross section images of 512  $\times$  512 pixels were collected. Identical acquisition settings (constant zoom, laser intensity, detector gain) were maintained for all measurements. NBD-PC and Atto488-DOPE were excited with an argon laser line at 488 nm (10% laser intensity) and the emission signal was collected in the range 500–600 nm. Quenching of NBD-PC vesicles was performed following an available protocol (38). In brief, GUVs labeled with 1 mol % NBD-PC were supplemented with a freshly prepared stock solution of sodium dithionite (0.1 M in 1 M Tris-HCl at pH 10) to a final concentration of 2.5 mM sodium dithionite and 25 mM Tris-HCl (pH 10). The GUVs were incubated for 5 min. Subsequently, the samples were diluted with an isoosmolar sugar solution to a final dithionite concentration of 0.5 mM to practically halt the quenching process. Images were recorded using the same diode and microscope settings as for NBD-PC imaging. TexasRed-DHPE, Rh-DOPE, Rh-DHPE, and DiI<sub>C18</sub> were excited at 550 nm and the emission signals were collected in the range 565–730 nm. The quantification of  $\alpha$ Syn-mEGFP and  $\alpha$ Syn-RED fluorescence was performed on an TCS SP8 confocal microscope (Leica Microsystems) using a 63 $\times$  oil immersion objective, NA 1.40, and on a Stellaris confocal microscope (Leica Microsystems) using an 86 $\times$  water immersion objective, NA 1.20. Samples with  $\alpha$ Syn-mEGFP were excited with a 488 diode laser and the emission signal was collected in the range 500–600 nm; samples with  $\alpha$ Syn-RED were excited at 640 nm and the emission collected in the range 650–755 nm. The vesicles were twofold diluted in isotonic solution of glucose. Both  $\alpha$ Syn-mEGFP and  $\alpha$ Syn-RED (stored in 10 mM HEPES, pH 7.4, 150 mM NaCl) were diluted 1:1 with isotonic glucose and added to a final concentration of 0.5  $\mu$ M (typically 3–5  $\mu$ L of protein solution was added to 300  $\mu$ L vesicle suspension), followed by incubation for 5 min to ensure homogeneous distribution of the protein within the sample. The final protein concentration was chosen based on optimization tests on electroformed GUVs containing various molar fractions of PA (see Figs. S3 and S4). The average fluorescence intensity over the whole contour of the GUV (with thickness of 5 pixels) was evaluated using the Circle Skinner plugin of ImageJ ([github.com/tinevez/CircleSkinner](https://github.com/tinevez/CircleSkinner)). The average pixel intensity in the vesicle interior was manually measured and the value subtracted from that of the membrane contour. The measurements were performed at  $23 \pm 1^{\circ}\text{C}$ .



## Zeta potential measurements

Zeta potential measurements on GUVs were done according to already established protocols (48,49) using a Malvern ZetaSizer NanoZS (Malvern, UK) and disposable folded capillary cells (DTS1070; Malvern Pan-alytical). In brief, GUVs were measured in both dip-cell (Malvern ZEN1002, with the voltage for electrophoretic movement set to 10 V) and U-cells (Malvern DTS1070, with voltage set to 150 V). The GUV samples were measured not more than 3 times as repetition can result in GUV rupture at the electrodes. Measurements showing poor quality report by the Malvern software were discarded. At least three independently obtained populations were measured to ensure reproducibility of the reported values. Sucrose/glucose solutions were supplemented with 5 mM NaCl; measurements at different salinity are provided in the supporting material (Fig. S5).

## Micropipette aspiration

Micropipettes with inner diameter of 5–10  $\mu\text{m}$  were prepared from glass capillaries (World Precision Instruments, Sarasota, FL, USA) using of a micropipette puller (Sutter Instruments, Novato, CA, USA) and their tips were shaped with a microforge (Narishige, Tokyo, Japan). Before use, each micropipette was coated with 1 mg/mL casein solution to prevent vesicle adhesion to the glass. To apply suction pressure, the micropipette was connected to a water reservoir mounted on a vertical translational stage (M-531.DD; PI, Karlsruhe, Germany). Manipulation in the sample was achieved with the use of micromanipulators (MHW-103 or MLW-3; Narishige) secured to coarse manipulators (MMN-1; Narishige). Vesicles were visualized on Leica SP5 (Leica Microsystems) confocal microscope. Images (1024  $\times$  1024 pixels) were collected using an HCK PLAN APO 40 $\times$  NA 0.75 dry objective. The TexasRed-DHPE dye in the membrane was excited at 594 nm and emission collected in the range 600–700 nm. To avoid concentration changes resulting from evaporation during longer observation times, the chamber opening was covered with a layer of oil (Sigma light mineral oil). Upon aspiration, the vesicle was left to equilibrate for 3 min before changing the suction pressure. The size of the vesicle spherical cap outside the pipette and the length of aspirated part was measured from the images using custom-written script in MATLAB (The MathWorks, Natick, MA, USA), which automatically selects a spherical cap portion and calculates the vesicle radius in each frame. The script is designed in such a way that, for each frame, the region covering at least half of the vesicle is manually selected. This is followed by Taubin nonlinear circle fitting to obtain the vesicle radius for 1, 2, and 3% pixels of highest intensity value. The average radius is taken further into calculations to obtain the area compressibility. The error in tension and area change were estimated from the errors of the individual input parameters and error analysis based on differential approach. The experiments were performed at room temperature (23  $\pm$  1°C).

## Molecular dynamics simulations

The full-atomistic molecular dynamics (MD) simulation was performed using NAMD 2.13 (50) software with CHARMM36 force fields (51,52) under NPT conditions (constant number of particles, pressure, and temperature). Membrane systems were prepared from 648 lipid molecules (324 lipids per leaflet). Octane was parametrized using the CGENFF force field (53) and inserted into preequilibrated membranes. The systems were hydrated with 75 water molecules per lipid molecule and the charged lipids were neutralized with positive counter ions. A standard equilibration procedure was used (54). The total simulation time was at least 200 ns, of which the last 10 ns were used for analysis. Simulations were carried out at  $\sim 22^\circ\text{C}$  (295 K). The membrane thickness  $h_{\text{pp}}$  was calculated as the difference between the mean height values of phosphorus atoms in opposite leaflets. Density profiles were plotted using a VMD density profile tool (55).

The stretching elasticity modulus  $K_A$  was calculated with a method developed by Doktorova et al. (56). Interdigitation was calculated with MEMBPLUGIN (57) in which it is defined as the width of the overlap of two leaflets mass distributions along the membrane normal.

## Differential scanning calorimetry

The thermal profiles of LUV solutions were measured using a VP-DSC scanning calorimeter (MicroCal, Northampton, MA, USA). The reference cell was filled with approximately 0.5 mL 150 mOsmol/kg glucose and the sample cell was filled with approximately 0.5 mL solution of LUVs composed of POPC:POPA 80:20 (5 mM total lipid concentration) or DPPC (10 mM lipid concentration). The heating rate was set to 20°C/h. Baseline subtraction was performed in Microcal Origin 7.0.

## Statistics

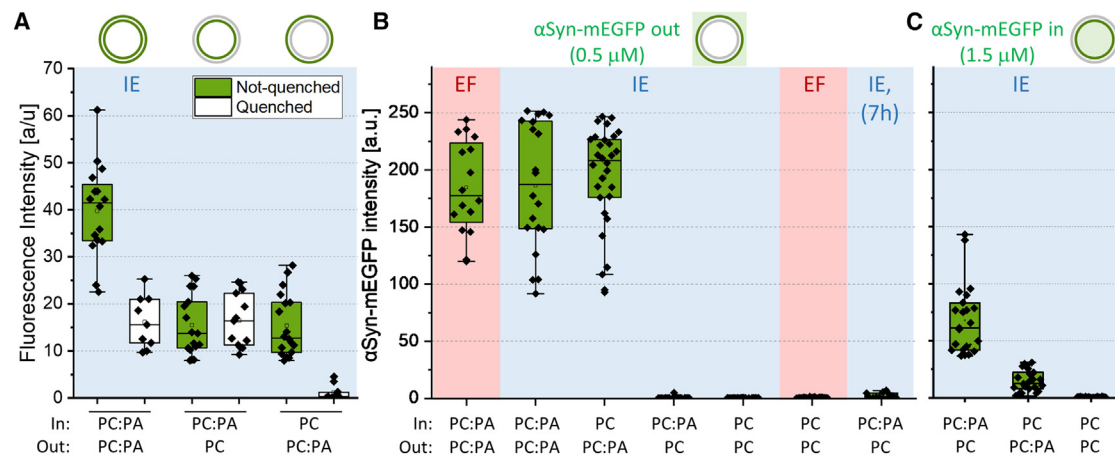
To determine whether there was a significant difference between the parameters, the Kruskal-Wallis ANOVA test was used, with a significance level of 0.05 unless otherwise specified. Nonparametric post-hoc tests were conducted using the npposthoc add-on in OriginPro 2015 (OriginLabs) software. Weighted average values were calculated, taking into account the measurement error, and were presented alongside the weighted standard deviation. The weight assigned to each measurement was determined by calculating its inverse error.

## RESULTS

### Preparing asymmetric POPA vesicles and verifying their membrane asymmetry and composition

We employed the inverted emulsion method (41) to prepare asymmetric GUVs from POPC and POPA lipids. Using an adapted approach with modifications described in the materials and methods section, we obtained high yield of vesicles without visible defects. Concerns have been raised in the literature about the final lipid composition of vesicles obtained with the inverted emulsion method and the presence of residual oil, which could potentially impact the properties of the obtained membranes (58,59). To address these concerns, we employed several techniques to characterize the prepared vesicles and probe their membrane composition.

First, we performed fluorescence intensity measurements to investigate whether the vesicles exhibited asymmetry. We incorporated the fluorescent probe NBD-PC to the leaflet containing POPA and compared the fluorescence intensity of both symmetric and asymmetric vesicles. The asymmetric membranes are expected to exhibit half the intensity value of the symmetric ones. Indeed, as shown in Fig. 1 A (green bars), the fluorescence intensity drops by roughly half in the asymmetric system, suggesting the presence of leaflet composition asymmetry. If all lipids were accordingly incorporated in the intended leaflet, this observation indicates indeed an asymmetric membrane composition. However, the observed reduction in membrane intensity might be associated predominantly with the twice lower



**FIGURE 1** Assessing the membrane asymmetry from the fluorescence signal of incorporated NBD-PC and soluble  $\alpha$ Syn-mEGFP. Internal and external leaflets (labeled as “In” and “Out”) with composition POPC:POPA 80:20 (molar ratio) are indicated as PC:PA, and pure POPC as PC. (A) NBD-PC fluorescence intensity of symmetric and asymmetric membranes before and after quenching in which the PC:PA leaflets are labeled with 1 mol % NBD-PC (green) as schematically indicated above the graph; all samples were prepared with the inverted emulsion (IE) method (highlighted with light blue background). (B) Fluorescence signal of 0.5  $\mu$ M  $\alpha$ Syn-mEGFP added externally to symmetric and asymmetric vesicles prepared with electroformation (EF) (pink background) or the inverted emulsion method (IE) (light blue). The last set of data shows the intensity after incubating the vesicles with the protein for 7 h. The protein intensity on the membrane shows a signal from PA in the external vesicle leaflet as schematically illustrated above the graph. (C)  $\alpha$ Syn-mEGFP fluorescence measured on vesicles, which were prepared to encapsulate the protein at a concentration of 1.5  $\mu$ M. The protein intensity on the membrane shows a signal from PA in the internal vesicle leaflet as schematically illustrated above the graph. All measurements were performed at room temperature (24°C). Box heights show lower and upper quartile (25–75%), lines in boxes show median value and square point, average value. Bars represent upper and lower whisker (1.5 IQR value) and diamond points represent measurements on individual vesicles.

fraction of dye used in the case of the asymmetric membranes. We also conducted quenching experiments following an optimized approach (38). NBD-PC was again incorporated in the leaflet(s) containing POPA. The data presented in Fig. 1 A (white bars) show that quenching the outer leaflet of symmetric POPC:POPA GUVs reduces the intensity by roughly half, consistent with the fluorescence intensity data. Moreover, there was no change in the fluorescence of asymmetric vesicles when NBD-PC and POPC:POPA were exclusively targeted to the inner leaflet, while complete quenching occurred when they were targeted to the outer leaflet, further validating the quenching experiment methodology. However, it is important to note that, while these experiments closely align with the total fluorescence measurements, they solely reveal the distribution of NBD-PC and not that of the charged POPA. Bulk measurements with a fluorimeter to assess quenching of the entire GUV solution (as conventionally done for small liposomes, see, e.g., (60)) were not performed due to concerns regarding the reliability and reproducibility of data, and potential misinterpretation of signal from additional materials in the sample, such as oil droplets containing lipids. In addition, electroporation of GUVs was not utilized as a means to exchange the internal solution, due to the short lifetime of pores when short microsecond pulses are applied, and the very low stability of asymmetric vesicles against poration, as previously reported and attributed to oil residues in the membrane (38).

To further characterize the leaflet compositions and in particular the distribution of POPA, we used the protein

$\alpha$ Syn-mEGFP, which is known to bind with high affinity to membranes with PA and act as a PA sensor (39,40). Fig. 1 B shows the results of adding the protein (to a final concentration of 0.5  $\mu$ M) to solutions of asymmetric vesicles obtained with the inverted emulsion method (see supporting material, section 4 and Figs. S3 and S4 for optimization steps); as a control, we examined (symmetric) electroformed vesicles. In the case where POPA was in the external leaflet, the vesicles exhibited high fluorescence signal of value comparable with that of the control. Hardly any signal was detected when the POPA-containing leaflet was the internal one. We also confirmed the stability of the membrane system by measuring vesicles with POPA on the inner leaflet 7 h after incubation (Fig. 1 B). The lack of significant signal increase suggests that there is neither substantial flip-flop of POPA from the inner to the outer leaflet nor translocation of  $\alpha$ Syn-mEGFP to the vesicle interior during this time. Furthermore, we investigated the GUV samples 24 h after preparation and found that the vast majority of the vesicles did not survive, pointing to low stability. This outcome is consistent with recent findings showing that residual oil destabilizes membranes, with more pronounced effects shown on asymmetrically charged membranes (38).

To probe the internal leaflet of the vesicles, we added 0.5  $\mu$ M  $\alpha$ Syn-mEGFP to the aqueous phase of the water-in-oil emulsion forming the vesicle interior. The protein signal at the membrane surface was found to be very low compared with that of vesicles with externally added protein (Fig. 1 C). This result could imply that the amount of

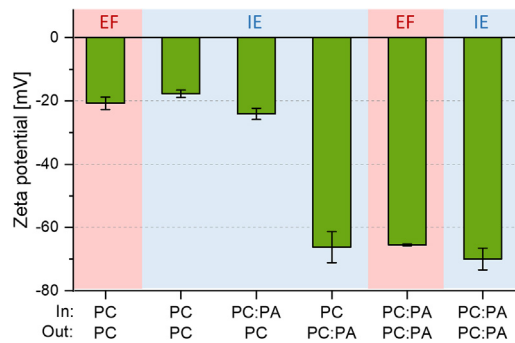


FIGURE 2 Zeta potential of GUVs prepared via electroformation (EF) (pink background) and inverted emulsion (IE) (light blue) methods. Internal and external leaflets (In and Out) with composition POPC:POPA 80:20 (molar ratio) are indicated as PC:PA and pure POPC as PC. The external solution was sucrose/glucose with 5 mM NaCl. The measurements were performed at 25°C.

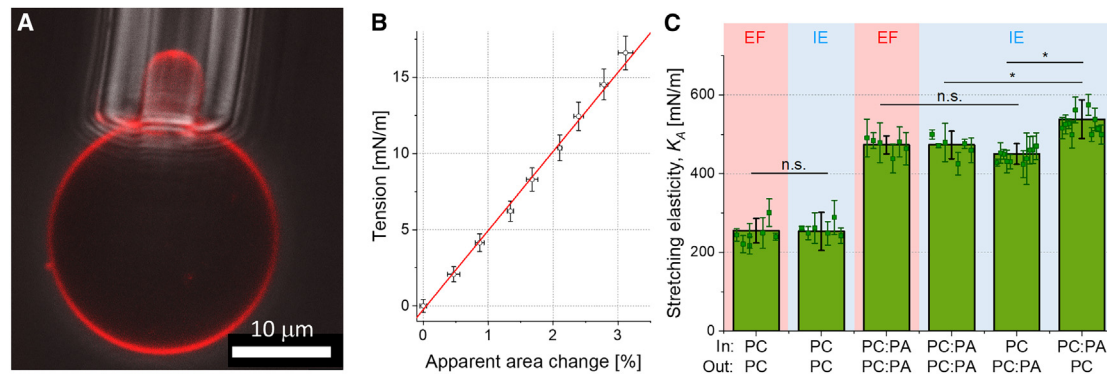
POPA incorporated in the inner leaflet is much smaller than the one we could incorporate in the outer one, but this hypothesis is questionable considering the results for NBD-PC in Fig. 1 A. We speculated that the low signal compared with that when probing POPA in the outer leaflet is associated with the larger external pool of protein available for binding in the latter case; we also cannot exclude partial protein damage or loss during the emulsification step for the water-in-oil emulsion forming the inner leaflet. To this end, we increased the concentration of  $\alpha$ Syn-mEGFP inside the vesicles threefold. This implies that these measurements (Fig. 1 C) cannot be quantitatively compared with data obtained with externally added protein (Fig. 1 B). We observed a significant intensity drop when removing POPA from the inner leaflet. Interestingly, the fluorescence value for the system with POPA targeted to the outer leaflet was not negligible. Since we could exclude significant POPA flip-flop as well as protein translocating across the membrane as suggested by the long-time observations in Fig. 1 B (see also Fig. S4 C), we presume that a fraction of POPA relocates to the inner leaflet already during the preparation step of emulsion transfer. However, judging from the data obtained on electroformed and emulsion-transfer symmetric vesicles in Fig. 1 B and the nonlinear fluorescence dependence on PA concentration (Fig. S3 B), this fraction of relocated POPA is not substantial.

To characterize the POPA fraction in the inner leaflet, we considered further approaches to potentially allow access of the protein to the lumen of the GUVs. Due to the lack of viability of electroporation and detergent addition (because of low stability), we explored an alternative method involving GUV freeze-thawing (61). However, the asymmetric vesicles did not survive this procedure either, precluding effective access to the vesicle interior. Thus, overall, the data obtained with  $\alpha$ Syn-mEGFP cannot be used to unequivocally confirm the precise amount of POPA in the inner membrane leaflet.

To validate the conclusions drawn from our fluorescence-based experiments and to characterize the systems further, we explored the surface charge of the vesicles using zeta potential measurements as an independent method. This technique is not commonly used with GUVs due to uncertainties such as the unknown history of the GUVs with respect to prior rupture and leaflet mixing, potential collapse at the electrodes, etc. However, it has been successfully used to assess the zeta potential of giant vesicles in previous studies (48,49). To avoid electrode polarization and field distortion, in these measurements the GUV suspensions were supplemented with NaCl (final concentration of 5 mM). The data are presented in Fig. 2; further details and results for vesicles in the absence of salt and in the protein buffer are given in supporting material, section 5. The symmetric POPC vesicles obtained via electroformation and emulsion transfer, as well as the asymmetric ones with POPA in the inner leaflet and only POPC on the outer one, yield similar results for the zeta potential. Notably, the values indicate relatively high negative surface charge but are consistent with data reported by Carvalho et al. (49). This finding can be partly attributed to the zwitterionic nature of the lipids, potentially orienting interfacial water (62), and resulting in a higher negative zeta potential than the one expected from the molecule net charge. Nevertheless, these results also suggest negligible transfer of POPA from the inner to the outer leaflet. Similarly, symmetric and asymmetric GUVs prepared with both methods but containing POPC:POPA 80:20 in the outer leaflet exhibited similar and more negative zeta potential values. We probed whether the zeta potential of the asymmetric vesicles would change over time as a result of interleaflet exchange. No substantial differences were detected after 4 h (Fig. S5 C). This corroborates our conclusion for absence of significant POPA flip-flop during this time. Overall, the results support the conclusion drawn from fluorescence quantification of the membrane asymmetry and suggest that the investigated systems correspond relatively well to the intended composition of the outer leaflet. With this established, we now proceed with investigating the mechanical properties, phase state, and lateral organization in the membranes.

### Mechanical properties of symmetric versus asymmetric membranes

We measured the membrane area compressibility moduli,  $K_A$ , using micropipette aspiration of GUVs doped with a small fraction of TexasRed-DHPE (Fig. 3, A and B). The vesicles were prestressed to ensure no contributions from area stored in nanostructures (63). Hysteresis tests were also performed confirming that the membrane does not adhere to the pipette and no effects with long-time observation (e.g., evaporation from the chamber) are present (see supporting material, section 6 and Fig. S6).



**FIGURE 3** Micropipette aspiration measurements of the stretching elasticity modulus  $K_A$ . (A) Snapshot of an asymmetric GUV (with POPC:POPA 80:20 in the inner leaflet, POPC in the outer leaflet and 0.2 mol % TexasRed-DHPE in both leaflets) aspirated in a micropipette: overlay of a confocal cross section (showing the fluorescently labeled membrane) and a phase contrast image (showing the micropipette tip). (B) Tension-area expansion plot for the vesicle shown in (A). The stretching elasticity modulus obtained from the slope of the data is  $(500 \pm 25)$  mN/m. (C) Area compressibility moduli determined for all investigated vesicle systems prepared via electroformation (EF) (pink background) and inverted emulsion (IE) (light blue) methods. Internal and external leaflets (In and Out) with intended composition POPC:POPA 80:20 (molar ratio) are indicated as PC:PA and pure POPC as PC; note that, while the POPA fraction in the external leaflet corresponds well to the intended one, the precise POPA fraction of the internal leaflet of IE GUVs is unclear. At least 10 vesicles were measured for symmetric and 15 for asymmetric membranes; the individual measurements are shown with symbols and standard deviations. The green bars show mean values and standard deviations over the populations. All measurements were performed at room temperature ( $23 \pm 1^\circ\text{C}$ ). Statistical significance was determined with Kruskal-Wallis ANOVA test and followed by a post-hoc test. \* Represents a significant difference across membrane compositions ( $p < 0.05$ ), while lack of a significant difference ( $p > 0.05$ ) is denoted with n.s.

For POPC symmetric vesicles, we found the stretching elasticity modulus to be around 250 mN/m both for electroformed and inverted-emulsion vesicles (Fig. 3 C). The proximity of these values suggests that potential presence of oil does not detectably affect this membrane mechanical property. The values are consistent with previous reports (19,64,65). For POPC:POPA 80:20 symmetric vesicles, we measured higher area compressibility around 480 mN/m (see Table 1). These data are also consistent with simulations (19). Importantly, we again observed no statistically significant difference in the stretching elasticity modulus of vesicles prepared via electroformation compared with those prepared via the inverted-emulsion method. This is in agreement with a recent study on another mechanical parameter, the bending rigidity, which was shown not to differ for POPC vesicles prepared with the two methods using similar sugar concentrations (66). Note that the electroformed vesicles in our study are in sugar solutions of a much lower osmolality (150 mOsmol/kg) compared with vesicles obtained with the phase-transfer method (700 mOsmol/kg). The similar  $K_A$  values suggest that, in this concentration range, sugars do not detectably affect the stretching elasticity modulus.

Interesting if not unexpected results were obtained when comparing the compressibility moduli of symmetric and asymmetric bilayers. Notably, the  $K_A$  value we measured for the asymmetric system with POPC:POPA present only in the external leaflet is not significantly different from that for symmetric POPC:POPA membranes. However, the stretching elasticity modulus of the inversed asymmetric system with a POPC:POPA leaflet on the inside is

higher than the values obtained for both the symmetric POPC:POPA membrane and membranes with POPA only in the outer leaflet. Despite being small, the difference is statistically significant. These findings are summarized in Fig. 3 C and Table 1. Data for individual vesicles are given in Fig. S7.

### MD simulations of symmetric, octane-containing membranes

To validate our experimental findings and understand the potential impact of residual mineral oil on membrane elasticity, we conducted MD simulations on symmetric membranes containing octane. The simulated oil-free membranes were expected to model those of electroformed GUVs, while bilayers containing the oil could mimic the behavior of inverted emulsion GUV membranes. We did not attempt to establish asymmetric systems for assessing the membrane mechanical properties, as it would require setting up an optimal lipid organization of the asymmetric membrane. Various approaches, such as those based on individual area per lipid, leaflet surface area, or zero leaflet tension (differential stress), have been proposed for such systems (see, e.g., (67,68)). The latter approach (69,70), while more suitable, would involve laborious iterative adaptations, which is beyond the scope of this work. Therefore, we focused solely on symmetric bilayers to investigate the specific role of oil impurities. Provided the simulations show reasonable agreement with the experimental data on stretching elasticity, we were hoping to employ them to explore further membrane properties inaccessible to experiments.



**TABLE 1** Stretching elasticity modulus,  $K_A$ , values determined experimentally with micropipette aspiration of vesicles with intended leaflet compositions POPC and POPC:POPA 80:20 produced with electroformation and inverted emulsion method (data shown in Fig. 3 C), and from MD simulations of symmetric membranes (data obtained at 22–24°C)

Experiment (micropipette aspiration)				Simulations (MD)		
Method	Inner leaflet	Outer leaflet	$K_A$ (mN/m)	Both leaflets	$K_A$ (mN/m)	Thickness (mN/m)
EF	PC	PC	255 ± 31	PC	252 ± 38	3.70 ± 0.04
IE	PC	PC	249 ± 35	PC + octane	258 ± 33	3.83 ± 0.03
EF	PC:PA	PC:PA	487 ± 35	PC:PA	455 ± 24*	3.92 ± 0.03
IE	PC:PA	PC:PA	480 ± 41	PC:PA + octane	448 ± 32	4.03 ± 0.02
IE	PC:PA	PC	539 ± 49			
IE	PC	PC:PA	451 ± 35			

The molecular dynamics (MD) simulation value for symmetric POPC:POPA 80:20 membranes indicated with an asterisk (\*) is collected at 30°C and was reported in (19).

PC stands for POPC; PC:PA, for POPC:POPA 80:20; EF, for electroformation; IE, for inverted emulsion.

Mineral oils used in phase-transfer methods for GUV preparation are mostly composed of *n*-alkanes. Therefore, following an established protocol (71), we modeled 8-alkane (octane) molecules and inserted them into the acyl chain region of an equilibrated membrane. As there are no clear indications of the amount of oil residues in lipid membranes prepared with emulsion transfer, we used a generous oil fraction of 100 octane molecules and 653 lipid molecules corresponding to ~13 mol % of oil. This choice is likely a significant overestimation but was meant to establish a clear trend.

Fig. 4 displays snapshots of the four systems along with their density profiles. In the octane-free membrane (Fig. 4, A, B, E, and F), the density profiles of the acyl chain region reveal two maxima. In the presence of octane (Fig. 4, C, D, G, and H), these maxima become more pronounced, suggesting that the oil residues affect acyl chain organization, thereby influencing the positions of lipids within the membrane. These results are in agreement with a study employing squalene and hexadecane (72).

We then assessed the membrane elasticity of the simulated bilayers. For this, we employed a method developed by Doktorova et al. (56). It has the advantage of analyzing  $K_A$  based on matching the leaflet area per lipid, thus allowing to determine  $K_A$  separately for each leaflet. While this approach is still debated (73), it appears to be most suitable given the simulated systems. Results of determined compressibility are displayed in Fig. 5 and comparisons with experimental data are presented in Table 1.

Several observations, arising from the comparison between experiments and simulations, are worth emphasizing. First, symmetric POPC:POPA 80:20 bilayers have higher elasticity modulus compared with that of pure POPC membranes (consistent with previous reports (19,65)) and the absolute values obtained with our experiments and the simulations are in agreement within the range of uncertainty. This implies that simulations correctly represent the symmetric experimental system and that POPA incorporates in the GUV leaflets. Second, the presence of octane up to an oil-to-lipid ratio of

~13% did not significantly alter the membrane compressibility, consistent with the experimental data for symmetric membranes prepared with via electroformation and inverted emulsion methods (Table 1). Third, as could have been expected, membrane thickness increased due to the presence of oil residues, as shown in Fig. 5 B. This octane-induced thickness increase is associated with reduced leaflet coupling as visualized from the decreased interdigitation depth (as shown in Fig. 5 C) (the thickness increase corresponds to twice the decrease in interdigitation depth). This finding sparks curiosity, because together with the unaltered stretching elasticity modulus, the increased thickness suggests that oil residues could affect, namely increase, the bending rigidity of membranes produced with the inverted emulsion method; note that the stretching and bending elasticity moduli  $K_A$  and  $\kappa$  are related to the membrane thickness  $h$  as  $\kappa/K_A \sim h^2/\alpha$ , where  $\alpha$  is a constant reflecting the interleaflet coupling (74–76). We also cannot rule out the possibility that the fraction of oil retained in the GUV membrane depends on the specific lipid composition chosen. Exploring this issue would necessitate precise compositional analysis. However, the assessment of oil content in GUVs presents challenges due to the complex composition of mineral oils, the need for calibration with known amounts of oil and obstacles due to presence of oil droplets in the GUV samples. While techniques like Raman microscopy and second-harmonic generation microscopy offer potential insights (see, e.g., (77)), their application to GUVs prepared with phase transfer methods requires further validation and optimization for sensitivity. Alternative approaches using homogeneous oils like squalene or hexadecane may provide more straightforward detection but require careful consideration of potential limitations and detection methods. While the detailed characterization of oil in the membrane falls outside the scope of this work, our results emphasize that experimental methods to form asymmetric lipid membranes and data obtained from them should be treated with extreme caution.

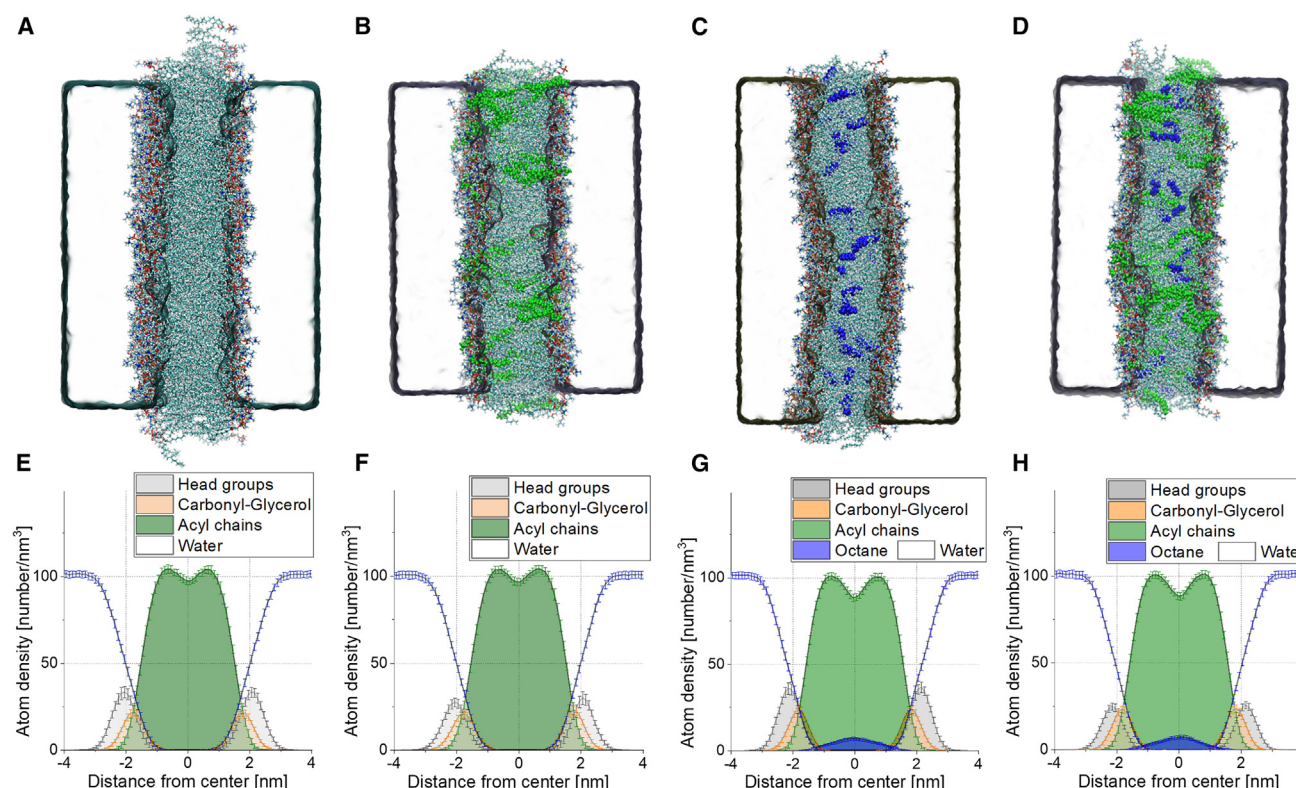


FIGURE 4 MD simulations of symmetric POPC and POPC:POPA 80:20 planar membranes without (*A* and *B*) and with ~13 mol % octane (*C* and *D*). (*A*–*D*) Snapshots of the bilayers: The POPC molecules are shown colored according to atom type, POPA is shown in green and octane in blue. (*E*–*H*) Density profiles of the investigated symmetric systems.

### Domain formation in POPC:POPA membranes induced by DOPE-based fluorescence dyes

The main phase transition temperature of pure POPA membranes is 28°C (78) and that of POPC membranes is –4°C (79). When mixed with POPC at 1:1 ratio, the phase transition of POPA is suppressed in the range 10–70°C, unless calcium ions are present (80). Our own differential scanning calorimetry measurements of POPC:POPA 80:20 membranes also did not show a phase transition in the range between 10 and 50°C (Fig. S8). This is consistent with the MD simulations, which showed lack of lipid clustering into domains. Thus, at room temperature, which is the temperature of our microscopy observations, no phase separation in the membranes is expected for the binary mixture. Indeed, confocal microscopy inspection of 3D scans of the vesicles labeled with TexasRed-DHPE showed homogeneous membrane (Fig. 6 A).

Since the use of fluorescent labels for vesicle visualization and characterization as well as phase state description is abundantly used in GUV literature, we explored other widely used fluorescent markers. Tests with NBD-PC, Rh-DHPE, and DiI<sub>C18</sub> also did not show any domain formation in the membrane (see Fig. S9, A–C, for clarity we give confocal cross sections even though the whole vesicle surface was examined). Surprisingly, when a small fraction

(0.5 mol %) of Atto488-DOPE or Rh-DOPE was incorporated into the membrane, confocal microscopy observations revealed the presence of dark domains in symmetric POPC:POPA 80:20 vesicles prepared using both electroformation and emulsion transfer (examples shown in Figs. 6 B and S9, D and E). The irregular shape and stability of these domains suggest gel-like nature. They exhibited no shape change over time and showed lateral displacement, indicative of the surrounding phase being fluid. Similar dark domains were observed for lower fractions of POPA, namely POPC:POPA 95:5 and 90:10 (as exemplified in Fig. S9 F), albeit with a slightly smaller area. Our investigation revealed that only two fluorescent probes, namely Atto488-DOPE and Rh-DOPE, both DOPE-based, resulted in gel-like domain formation, contrary to membranes labeled with TexasRed-DHPE, NBD-PC, Rh-DHPE, and DiI<sub>C18</sub> (Figs. 6 A and S9, A–C). The domains were unaffected by the addition of 150 mM NaCl in the external solution or by preparing the GUVs in 1 mM EDTA to chelate potential residual divalent ions.

These observations raise the question about the actual phase state of the dye-free GUV membrane (note that the differential scanning calorimetry measurements showing no phase transitions were conducted on LUVs, Fig. S8). To eliminate the effect of fluorescent lipid probes on the membrane phase state and appearance of domains, we

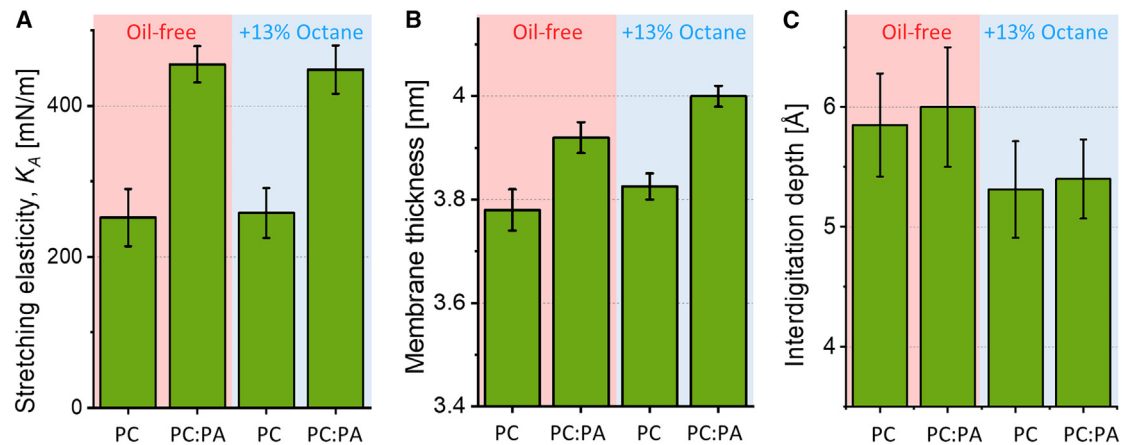


FIGURE 5 MD simulation values for the stretching elasticity, membrane thickness, and interdigitation depth for symmetric POPC and POPC:POPA 80:20 membranes, which are either oil-free (pink background) or containing ~13 mol % octane (light blue background) mimicking the respective conditions of electroformed and inverted-emulsion preparation of GUVs. (A) Stretching elasticity modulus  $K_A$ . No significant difference between the systems with and without octane are observed. (B) Membrane thickness values. Presence of octane results in increased thickness. (C) Calculated interdigitation depth suggests reduced interleaflet coupling in the presence of octane. The data for the oil-free POPC:POPA 80:20 system were taken from (19).

prepared dye-free GUVs and incubated them with  $\alpha$ Syn labeled with Red-NHS ( $\alpha$ Syn-RED, 0.5  $\mu$ M final concentration). The PA sensor protein was found to bind homogeneously on the POPC:POPA vesicles, indicating lack of phase separation (Fig. 6 C). This is consistent with simulations and calorimetry data and indicates that the dyes correctly represent the phase state of the membrane and do not show domains, contrary to DOPE-based labels. Upon protein incubation of POPC:POPA 80:20 vesicles with domains labeled with Atto488-DOPE,  $\alpha$ Syn-RED marked the dark gel-like domains on the membrane (Fig. 6 D). This indicates that the gel domains are PA rich, which is understandable considering the higher transition temperature of POPA.

PE lipids have been reported to strongly interact with PA via hydrogen bonding between the primary amine in the headgroup of PE and the phosphomonoester headgroup of PA, enhancing PA deprotonation and increasing its negative charge (81,82). We thus explored whether addition of a small fraction (0.5 mol %) of DOPE to GUVs (POPC:POPA:DOPE 79.5:20:0.5) labeled with 0.5 mol % TexasRed-DHPE (the dye that previously showed homogeneous distribution, lack of domains) will result in domain formation. Indeed, the addition of this small fraction of DOPE resulted in vesicles with domains (Fig. S9 G). Presumably, DHPE-bonded to TexasRed (as in TexasRed-DHPE) behaves less similar to DOPE compared with Atto488-DOPE and Rh-DOPE, most probably as a result of differences in headgroup-substituting fluorophores and/or acyl chain configuration influencing the formation of hydrogen bonds (see also Fig. S1). Alternatively, DOPE, similarly to Triton (83,84) and ceramide-1-phosphate (85), sufficiently modulates membrane homogeneity, resulting in domain formation within the investigated system.

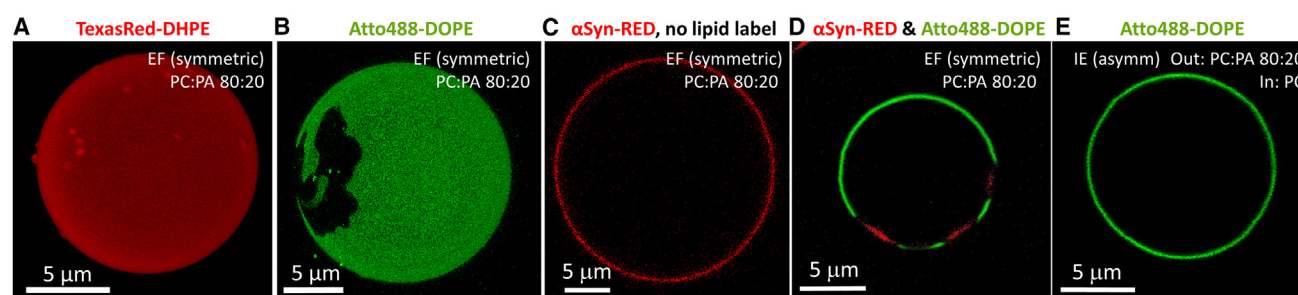
We also explored the persistence of the gel domains (induced by the DOPE-based dyes) in asymmetric membranes prepared with the inverted emulsion method. TexasRed-DHPE was added to both leaflets, to outer leaflet and to inner leaflet (Fig. S9, H and I). No domains were observed irrespective of the leaflet compositional order, i.e., POPC:POPA 80:20 in the internal or external leaflet and POPC in the external or internal respectively or the location of the DOPE dye (Figs. 6 E and S9, H and I). This observation is consistent with a recent report demonstrating that in asymmetric bilayers, the liquid-disordered leaflet dominates the phase state of the whole membrane (86). This report together with our results, suggest the presence of leaflet coupling in asymmetric membranes, also shown in a number of studies on cholesterol containing membranes (87,88).

## DISCUSSION

Several experimental approaches were employed to characterize the composition of the leaflets of symmetric and asymmetric membranes. Based on fluorescence quantification using  $\alpha$ Syn-mEGFP and on zeta potential measurements (Figs. 1 and 2), we found that the composition of the outer leaflet in vesicles formed by both electroformation and inverted emulsion methods is identical within the measurement accuracy. Long-term observations of the asymmetric vesicles (Figs. 1 B and S5 C) suggest no detectable transfer of POPA from the outer leaflet to the inner one after GUV formation has been completed.

The composition of the inner leaflet is challenging to characterize due to methods limitations. Compared with the outer leaflet, the signal of encapsulated  $\alpha$ Syn-mEGFP binding to the inner leaflet is low even after a threefold increase in protein concentration (see Fig. 1 C). This





**FIGURE 6** Inclusion of DOPE-based dye (at 0.5 mol %) in homogeneous POPC:POPA 80:20 membranes induces domain formation, which is suppressed in asymmetric membranes containing the dye only in either one or both leaflets. (A) 3D confocal projection image of electroformed POPC:POPA 80:20 vesicle labeled with 0.5 mol % TexasRed-DHPE (*false red*) exhibits homogeneous membrane. (B) Upon inclusion of 0.5 mol % Atto488-DOPE (*green*), dark gel-like domains are observed. (C) No phase separation in the label-free membrane is observed, as shown by the homogeneous distribution of externally added 0.5  $\mu$ M  $\alpha$ Syn-RED (*red*). (D) When  $\alpha$ Syn-RED is added to phase-separated GUVs (like the one shown in B), the protein PA sensor binds predominantly to the Atto488-DOPE-depleted domain indicating that it is enriched in POPA. (E) An inverted emulsion vesicle with asymmetric leaflet composition with outer leaflet POPC, and inner leaflet POPC:POPA 80:20 labeled with Atto488-DOPE, exhibits homogeneous membrane, contrary to symmetric POPC:POPA vesicles as exemplified in (B).

observation could be attributed not only to a potential difference in the POPA fraction from the intended value, but also to variations in lipid-to-protein concentration conditions, potential damage, aggregation and/or loss of the protein during emulsification, or, given the sensitivity of POPA to pH, alterations in surface charge of the leaflet and hence modified affinity of  $\alpha$ Syn toward PA. Furthermore, small amounts of protein can adsorb at the oil-water interface or partition in the oil fraction (see Fig. S11), although these processes are presumably hindered in the presence of a phospholipid monolayer. Consequently, we can only infer the presence of POPA in the inner leaflet, without the ability to quantify the exact amount or specify whether it is lower, higher, or the same as in the target composition.

The stretching elasticity  $K_A$  measured experimentally with micropipette aspiration of GUVs featuring symmetric POPC and POPC:POPA membranes is consistent across different GUV preparation methods (Fig. 3; Table 1). This implies that, if oil residues are present, they do not substantially alter the membrane elasticity. This finding was further validated through simulations of symmetric bilayers containing octane as an oil-residue representative (Fig. 4). The experimental  $K_A$  value for symmetric POPC:POPA 80:20 membranes is significantly higher than that of POPC membranes (for both GUV preparation approaches), consistent with simulations of both oil-free and oil-doped bilayers (see Table 1). This suggests that, first, the simulation settings are appropriate for predicting the elasticity of bilayers with charged PA lipids at different fractions, and second, that oil impurities at a fraction as high as 13 mol % do not affect the stretching elasticity of the membrane. This outcome also indicates that stretching elasticity measurements are not a reliable indicator for detecting the presence of such impurities in the membrane.

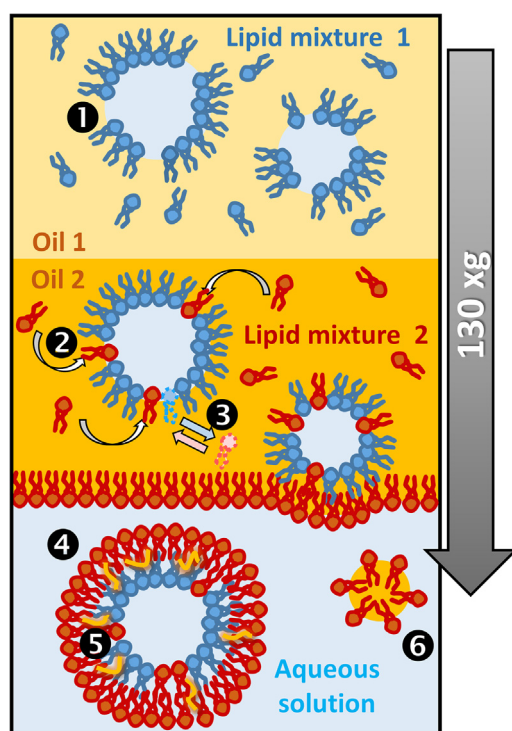
The simulations (Fig. 5) also showed that, while the stretching elasticity is not affected by the presence of oil, the membrane thickness and the interdigitation depth

(related to interleaflet coupling) are. The larger thickness of the oil-doped membranes might imply higher bending rigidity of the membranes produced using the inverted emulsion method. Of course, the degree of this outcome could depend on the type of lipids and oils used. The reduced leaflet coupling in the presence of oil (Fig. 5 C) might be related to observations showing that residual oil in GUVs prepared with the inverted emulsion method destabilize porated membranes (38).

The stretching elasticity was also measured on GUVs with asymmetric membranes. Membranes with POPC:POPA in the outer leaflet showed similar elasticity to symmetric POPC:POPA membranes. However, based on the presented data we cannot exclude that the inner leaflet of the asymmetric membrane might have been populated with POPA suppressing the asymmetry.

This reasoning gains support when considering the individual steps of the inverted emulsion preparation protocol. It is important to emphasize that the incorporation of individual lipids into the targeted leaflet can occur in a similar manner only if they have the same affinity to the water-oil interface and similar or sufficient time to establish this partitioning from the oil to the interface. However, the formation of the two leaflets in the asymmetric GUVs follows different pathways. In particular, they are allowed different amounts of time to equilibrate when prepared with the inverted emulsion method. In addition, the monolayers are also formed under conditions of different ratio between the volume of the oil phase and the area of the water-oil interface to which the lipids (that might coexist as free species and inverted micelles of different mobility) have to relocate and saturate. In the case of the inner leaflet, the water-in-oil emulsion is prepared and used within a few seconds (to avoid droplet coalescence) and is characterized by a much larger area of the water-oil interface (i.e., the combined surface area of all the emulsion droplets) compared with the situation of the outer leaflet. The outer





**FIGURE 7** Potential events during GUV preparation via the inverted emulsion method. 1) The rapid formation of a water-in-oil emulsion, stabilized by lipid mixture 1 (blue) targeted to the inner GUV leaflet, results in an incomplete monolayer on droplet surfaces in oil 1. 2) Voids in the monolayer may be filled with molecules from lipid mixture 2 (red) targeted to the outer GUV leaflet as droplets traverse oil 2. 3) Alternatively, lipids from mixture 2 with smaller headgroups or higher affinity to the water-oil interface may displace lipid 1 from droplet interfaces. 4) Resulting vesicles exhibit internal leaflet composition differing from lipid mixture 1, and 5) membranes may contain oil molecules (orange) in their hydrophobic core. 6) Occasionally, the centrifugation process leads to the formation of oil droplets stabilized by lipids.

leaflet, on the other hand, is assembled from a well equilibrated (over a few hours) oil-water interface of smaller area (roughly the cross section of the centrifugation tube) and a larger bulk phase.

Considering the differences in leaflet formation conditions mentioned above, we conclude that free lipids in the oil phase that forms the outer leaflet, insert into the monolayer that shapes the inner leaflet during the sedimentation of the emulsion droplets. Given the more amphiphilic nature of charged POPA, we anticipate that this insertion is more pronounced for POPA than for POPC. This hypothesis is supported by the data in Fig. 1 C: asymmetric vesicles with POPC targeted to the inner leaflet exhibit a nonzero  $\alpha$ Syn-mEGFP signal when the protein is in the interior of the GUV, suggesting the presence of a small but nonnegligible fraction of POPA lipids that must have inserted into the POPC monolayer at the water-oil interface of the emulsion droplets, forming the inner GUV leaflet. Fig. 7 summarizes this scenario.

This line of reasoning could potentially provide an interpretation for the stretching elasticity measurements, showing that asymmetric membranes with a POPC:POPA mixture on the outer leaflet display a similar  $K_A$  value as symmetric POPC:POPA membranes. With POPA having a higher affinity for the oil-water interface, it has inserted into the monolayer forming the inner leaflet, suppressing the degree of asymmetry and producing a stretching elasticity value similar to that of the symmetric POPC:POPA system (Fig. 3 C). In the opposite case, where POPC does not compete for insertion into the inner leaflet already containing POPA, it allows for higher asymmetry, resulting in very different stretching elasticity values.

It is not uncommon for asymmetric membranes to exhibit very different mechanical properties compared with their symmetric counterparts. Previous studies have reported increased bending rigidity of asymmetric membranes containing POPC or DOPC in the opposing leaflets compared with symmetric membranes made of the pure counterparts and of the binary mixture (34,36). Similar effects were observed for the area compressibility of asymmetric membranes with DMPC or DOPC in the opposing leaflets (37). The trend of increased bending rigidity of asymmetric versus symmetric membranes was also recently confirmed for asymmetrically charged LUVs containing aminophospholipids (89) (note that, in this study, for the asymmetric membranes, only the case of charged lipids present in the inner but not the outer vesicle leaflet was explored). However, to the best of our knowledge, there are no studies reporting stretching elasticity data for asymmetrically charged membranes.

The above results highlight the inherent challenge of accurately predicting the degree of compositional correspondence between the vesicle membrane leaflets and the starting lipid mixtures. This is an important criticism shedding light on the limitations of phase-transfer-based methods in the preparation of asymmetric vesicles. A noteworthy observation is that various previous studies investigating the material properties of asymmetric GUVs tacitly assume that the target leaflet compositions precisely match the starting mixtures. However, due to diverse lipid affinities and partition kinetics at the oil-water interfaces as well as potential lipid and oil mixing, it is plausible that often this assumption may not hold true. In particular, mixtures of lipids with different headgroups as examined here can be expected to lead to different final leaflet composition; note that, in a similar way, cholesterol incorporates at much lower fractions than the intended one in vesicles prepared using a phase-transfer method (35).

Finally, we observed an unusual effect of a very small amount of DOPE-based fluorophores on the lateral organization of symmetric POPC:POPA membranes. We noted the presence of gel-like domains that were absent when another dye was employed (Fig. 6, A–D). Similarly, the presence of the same amount of (label-free) DOPE induced

domains in homogeneous membranes (compare Figs. 6 A and S9 G). This outcome could be related to a strong interaction between DOPE and POPA, but we also cannot exclude that it may result from or be enhanced by different dye affinities and partitioning to varying degrees at the oil-water interfaces that form the membrane leaflets. In general, our observations emphasize that particular caution should be exercised when employing fluorescent labels to image and interpret the phase state of vesicles prepared with phase-transfer methods.

The formation of domains was suppressed in the GUVs with asymmetric membranes (Figs. 6 E and S9, H and I). This result aligns with reports emphasizing the dominating effect of the liquid-disordered leaflet on asymmetric membranes (86) as well as the fluidizing effect on ordered phases by asymmetric protein adsorption (90). These findings, combined with the elasticity results and simulations, underscore the importance of leaflet coupling in asymmetric membranes.

## CONCLUSIONS

The comprehensive series of experiments conducted in this study aimed to elucidate the composition and mechanical properties of symmetric and asymmetric membranes containing POPA. Several key findings have emerged.

The experiments revealed that the outer leaflet composition in vesicles, regardless of the preparation method (electroformation or inverted emulsion), remains consistent within the measurement accuracy. However, characterizing the inner leaflet composition poses challenges due to method limitations, leading to the inference of the presence of POPA without precise quantification.

Stretching elasticity measurements proved to be consistent across different GUV preparation methods for symmetric membranes, suggesting that oil residues, if present, do not substantially alter membrane stretching elasticity. Simulations further supported this, indicating that the stretching elasticity is not a reliable indicator for detecting oil impurities in the membrane. However, simulations did reveal increased membrane thickness and reduced interdigitation (suggesting decreased interleaflet coupling) in the presence of oil.

Asymmetric membranes displayed similar stretching elasticity values when the outer leaflet was intended to contain a mixture of POPC:POPA and the inner POPC, hinting at a potential insertion of POPA into the inner leaflet during vesicle formation. This interpretation gains support from the conditions of emulsion preparation, where the inner and outer leaflets experience different equilibration times and interface areas, leading to potential asymmetry suppression.

The presence of DOPE-based fluorophores at low fraction (0.5 mol %) was shown to induce gel-like domains in symmetric membranes, cautioning against uncritical use of fluorescent labels in characterizing vesicle-phase states. The

suppression of these domains in GUVs with asymmetric membranes, underscores the complex interplay of factors influencing the mechanical and compositional properties of asymmetric systems. Overall, this study not only contributes valuable insights into membrane charge asymmetry but also highlights the need for further research and the development of effective characterization techniques for assessing individual leaflet compositions.

## SUPPORTING MATERIAL

Supporting material can be found online at <https://doi.org/10.1016/j.bpj.2024.05.031>.

## AUTHOR CONTRIBUTIONS

D.D., A.C., and R.D. proposed and supervised the project. D.D. and R.D. designed the experiments. D.D., P.H., M.S., and R.R.M.C. performed the experiments. D.D. analyzed the data. D.D. and R.D. wrote the manuscript and all authors edited it.

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## DECLARATION OF INTERESTS

The authors declare no competing interests.

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**Supplemental information**

**Effect of leaflet asymmetry on the stretching elasticity of lipid bilayers  
with phosphatidic acid**

**Dominik Drabik, Piotr Hinc, Mareike Stephan, Rafaela R.M. Cavalcanti, Aleksander Czogalla, and Rumiana Dimova**

# Effect of leaflet asymmetry on the mechanical properties of lipid bilayers with phosphatidic acid

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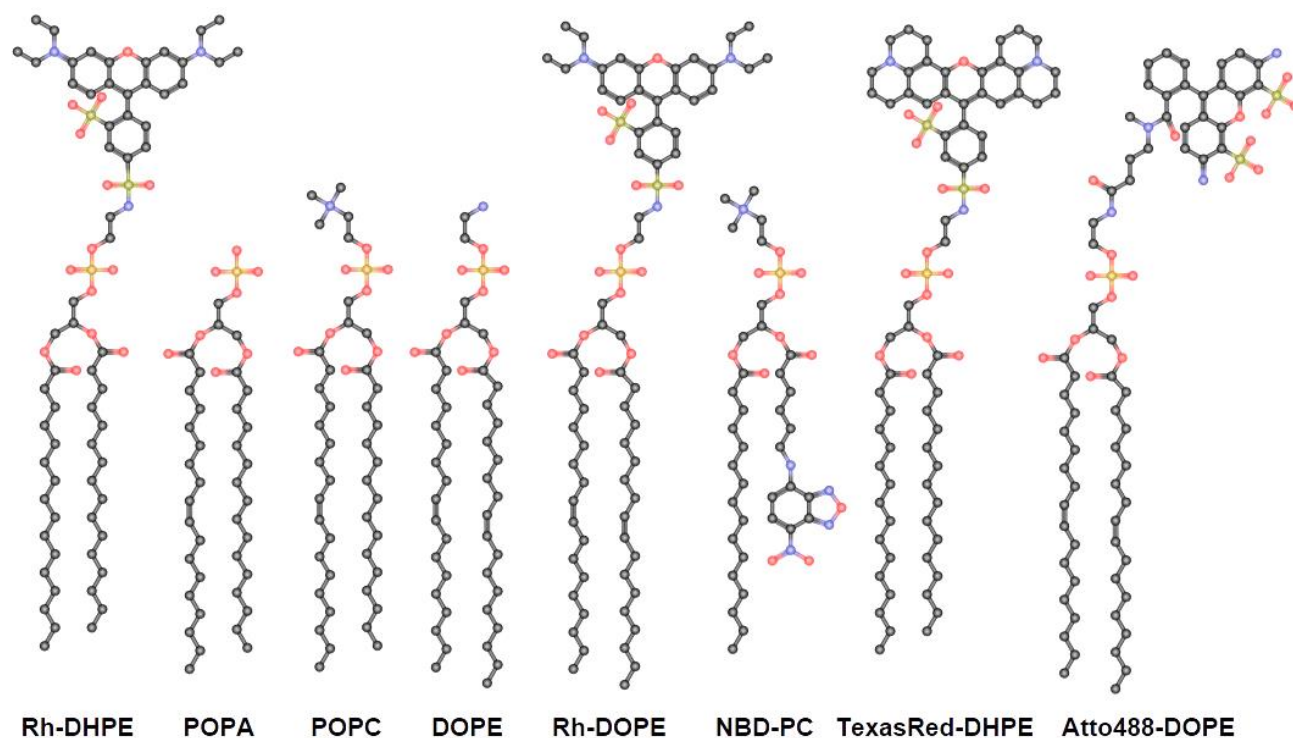
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## 1. Chemical structures of lipids and fluorescent probes



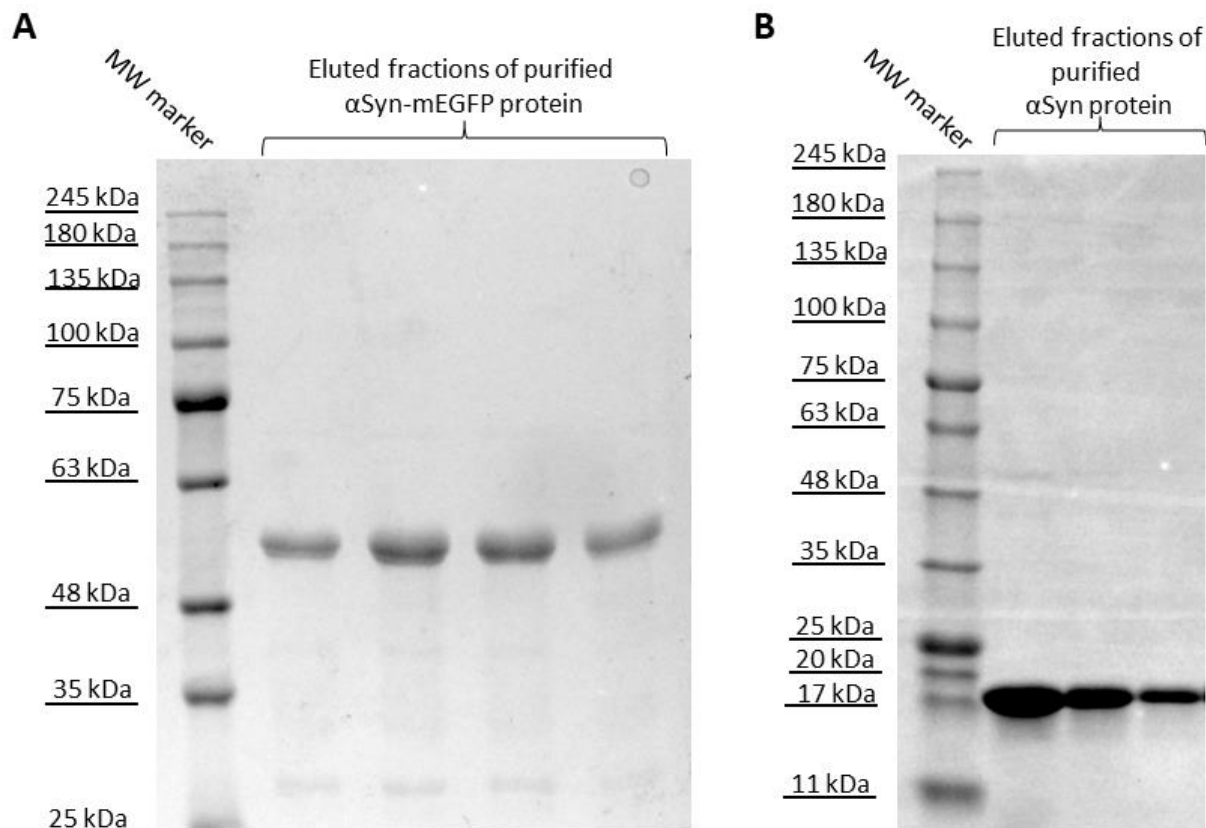
**Figure S1.** Chemical structure of phospholipids and fluorescence probes used in this study (see main text for abbreviations). Carbon atoms are black, oxygen is red, nitrogen is blue, phosphorus is light brown and sulfur is green. Replacing the amine group of PE (phosphatidylethanolamine) with fluorophore moieties might affect the degree of hydrogen bonding between PA (phosphatidic acid) and PE.

## 2. Sequence of primers in cloning procedure

**Table S1.** Sequence of primers used in the cloning procedures.

Primer name	5' → 3' sequence	Purpose of use
<b>aS-N BamH Fwd</b>	TACAGGATCCATGGATGTGTTCATGAAAGGAC	Amplification of N-terminal $\alpha$ -syn fragment and addition of restriction digest sites for BamHI and EcoRI enzymes
<b>aS-N EcoRI Rev</b>	ATACGAATTCGTTTGGTCTTCTCAGCCACTG	
<b>aS Q61-A140 Fwd</b>	GACAACAGTGGCTGAGAAGACCAAAGAGCAAGTGACAAATGTTGGAG	Restriction free cloning of Q61-A140 $\alpha$ -syn fragment into plasmid containing M1-K60 fragment to obtain construct coding full length $\alpha$ -syn
<b>aS Q61-A140 Rev</b>	CCCTGAAACAGCACTTCCAGAATTCAGGCTTCAGGCTCATAGTCTTG	
<b><math>\Delta</math> STOP Fwd</b>	ATTCTGGAAGTGCTGTTTC	Mutagenic primers used to remove the stop codon located between the sequence encoding $\alpha$ -synuclein and the mEGFP protein and obtain construct encoding $\alpha$ -synuclein with fused mEGFP protein
<b><math>\Delta</math> STOP Rev</b>	GGCTTCAGGCTCATAGTC	
<b>T7 promoter</b>	TAATACGACTCACTATAGGG	Sequencing of coding sequence between T7 promoter and T7 terminator in obtained DNA constructs
<b>T7 terminator</b>	TGCTAGTTATTGCTCAGCGG	

### 3. SDS-PAGE analysis of purified proteins

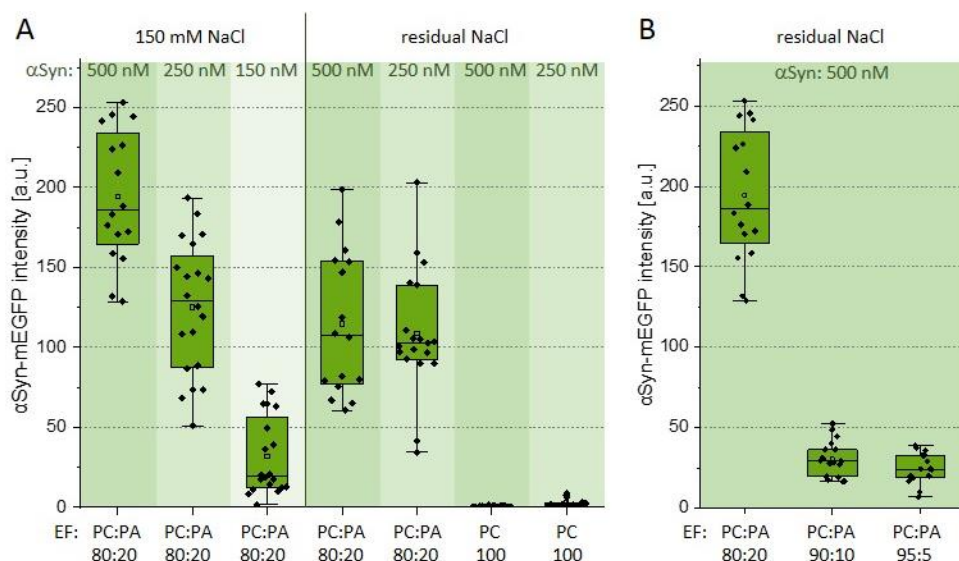


**Figure S2.** SDS-PAGE analysis of purified recombinant  $\alpha$ Syn-mEGFP (A) and  $\alpha$ Syn (B) proteins.

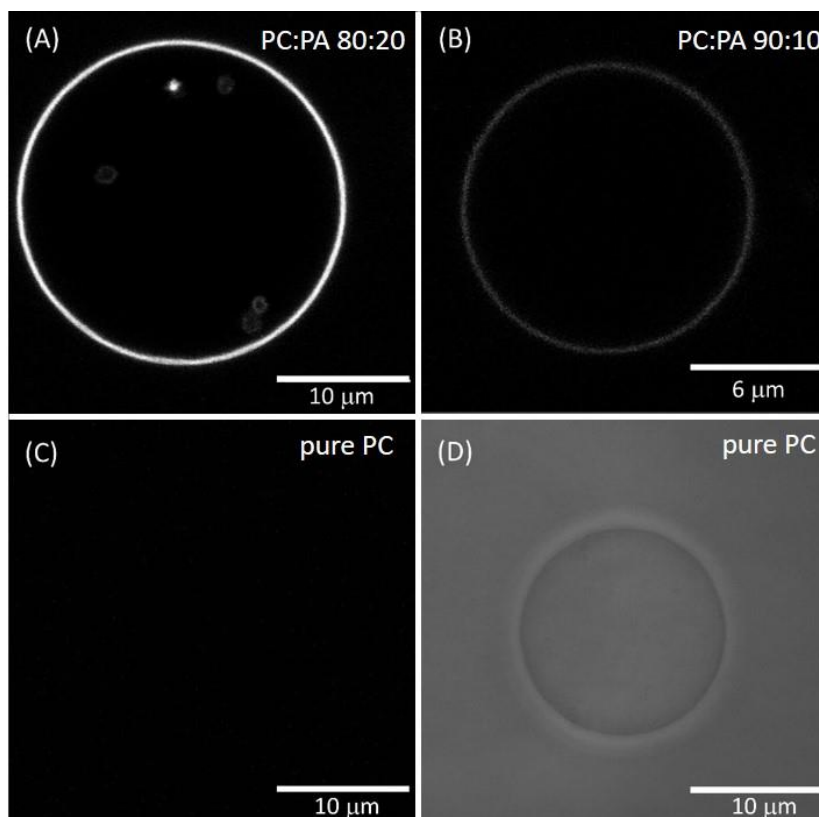
### 4. Optimization of $\alpha$ Syn-mEGFP concentration for fluorescence quantification

In order to identify the minimal suitable concentration of  $\alpha$ Syn-mEGFP for microscopy observations of GUV containing POPA, three different protein concentrations were tested on electroformed vesicles – 100 nM, 250 nM and 500 nM. Both 500 nM and 250 nM resulted in sufficient signal with the used microscope settings (Figure S3A). The same settings were later used to assess the POPA content in inverted-emulsion vesicles. Note that to be able to apply the findings for suitable protein concentration optimized on electroformed vesicles, we ensured that the lipid concentrations in the GUV samples, and thus the lipid-protein ratio, were similar for both GUV preparation methods (see SI section 9). It is interesting to emphasize that the amount of lipids needed to prepare electroformed GUVs at lipid concentration similar to that for GUVs prepared with the emulsion transfer is roughly five-fold lower. Additionally, the effect of NaCl was investigated. When no NaCl was added, a small but significant decrease of the intensity was observed for vesicles with 500 nM protein, and no significant change for vesicles with 250 nM protein (Figure S3A). Because the signal was sufficiently strong, the evaluation of the inverted-emulsion vesicles was conducted in the absence of salt. The change of intensity was also investigated as a function of POPA fraction in the membrane and the trend was found nonlinear, see Figures S3B and S4. For membranes containing 5 and 10 mol% POPA, the signal is indistinguishable and close to that of POPA-free membranes pointing to limitations of the method.





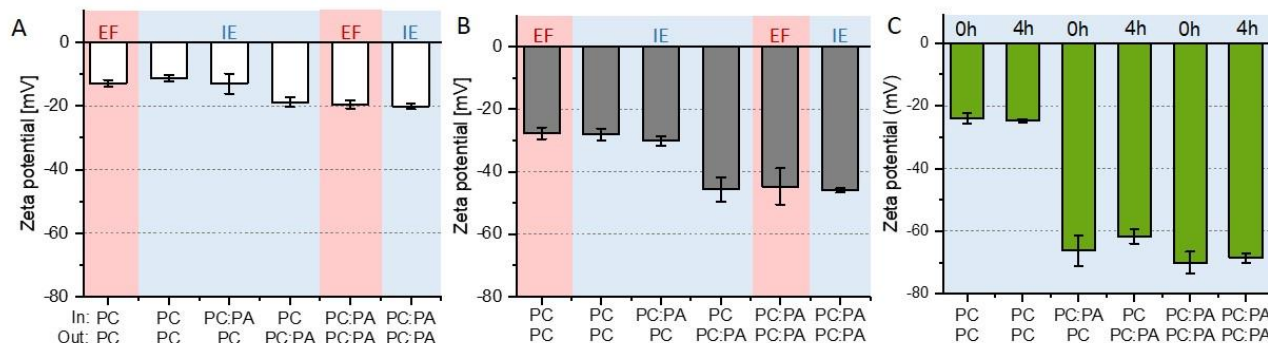
**Figure S3.** Fluorescence intensity of  $\alpha$ Syn-mEGFP measured on electroformed (EF, symmetric) vesicles at different conditions. (A) Intensity signal on the vesicle membrane as a function of bulk protein concentration in the presence of 150 mM NaCl or residual amounts of NaCl (introduced with the protein buffer solutions roughly corresponding to 1 mM NaCl final concentration in the GUV suspension). For comparison, data with POPA-free membranes (pure POPC, indicated as PC) are also shown. (B) Intensity as a function of POPA fraction in POPC:POPA (indicated as PC:PA) vesicles in the presence of 500 nM  $\alpha$ Syn-mEGFP and residual NaCl (corresponding to roughly 1 mM NaCl).



**Figure S4.** Snapshots of electroformed (symmetric) POPC:POPA vesicles containing different POPA fractions and in the presence of 0.5  $\mu$ M  $\alpha$ Syn-mEGFP and residual NaCl. The fluorescence signal in (A-C) is from  $\alpha$ Syn-mEGFP. (A) POPC:POPA 80:20; (B) POPC:POPA 90:10; (C) POPC; (D) The same POPC vesicle as in panel C observed under phase contrast.

## 5. Zeta-potential measurements on GUVs

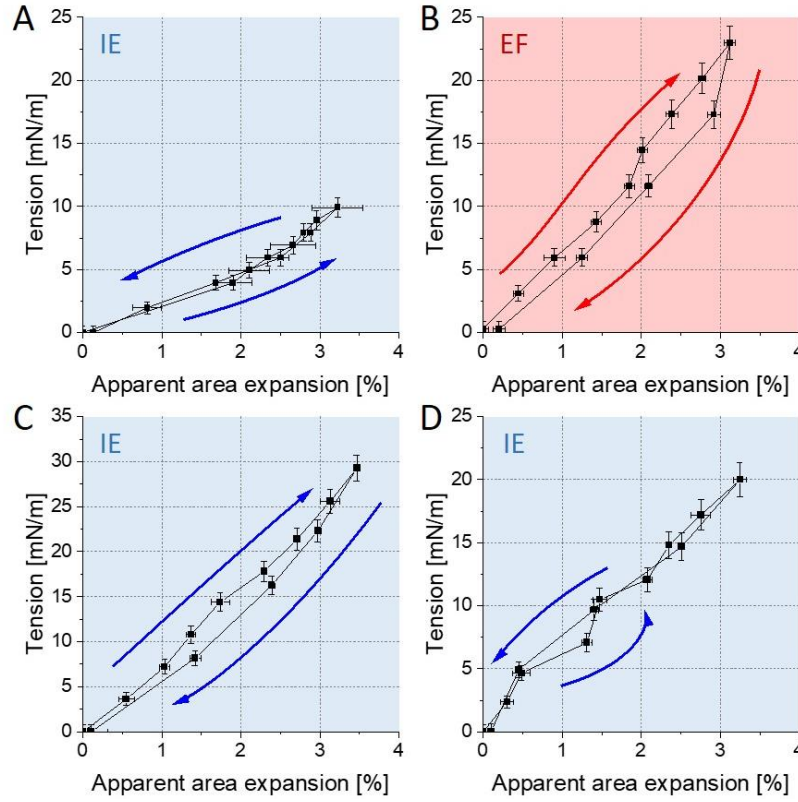
Zeta potential on GUVs was measured in three different solutions: without salt, with salt (as presented in the main text) and in a buffer: First, we used the procedure available in the literature (1,2). Specifically, U-cells (Malvern DTS1070) of volume 1 mL were used with voltage for electrophoretic movement set to 150 V. These results are presented in Figure S5A. The zeta-potential of symmetric and asymmetric vesicles with external leaflet made of POPC and those with POPC:POPA 80:20 as external leaflet showed a relatively small difference (although statistically significant). Overall, there was also an issue with the measurements of the inverted-emulsion vesicles, namely that insufficiently high number of objects were present in the sample, which resulted in poor quality report and rejection. We thus implemented two changes. To reduce the dilution of the GUV suspensions required for the large-volume U-cells, we employed dip-cells (Malvern ZEN1002), which require only 0.6 mL of sample. Secondly, we added 5 mM NaCl to the external solution to increase the salinity as advised by the manufacturer (for example, to reduce issues associated with electrode polarization). Having used different cell with a different path between the electrodes, the voltage for electrophoretic movement had to be adjusted and was set to 10 V. The results are presented in Figure 2 in the main text showing substantial difference between the zeta potential of POPC and POPC:POPA 80:20 in the outer leaflets. Finally, because POPA is a lipid with protonation sensitive to pH, we performed measurements in 10 mM HEPES buffer of pH 7.4 to ensure that results are similar in buffered environment. The obtained zeta potentials for conditions in the absence of salt and in the presence of buffer are presented in Figure S5B. The difference between vesicles with POPC vs POPC:POPA lipids in the outer leaflet was preserved, but altered in magnitude because of the low conductivity of the solution (compare to Figure 2 in the main text). Finally, no substantial changes in the zeta potential were detected to change over time (Figure S5C) implying no significant interleaflet exchange.



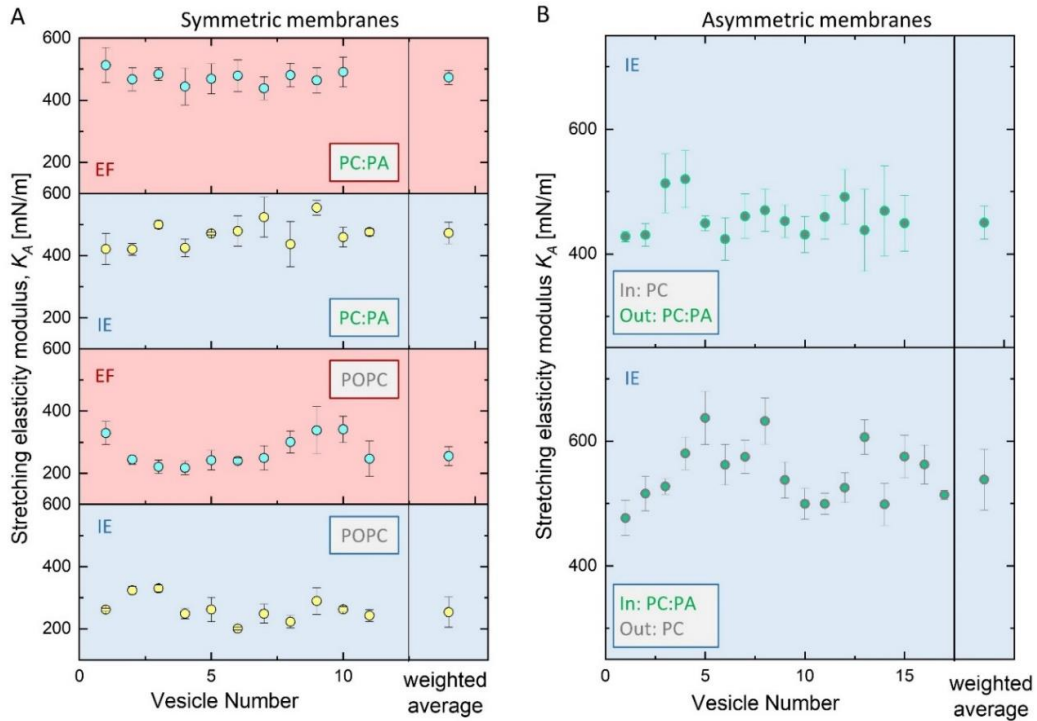
**Figure S5.** Zeta-potential values of GUVs measured in solutions of different salinity and over time. Internal and external leaflets (labelled as “In” and “Out”) with composition POPC:POPA 80:20 (molar ratio) are indicated as PC:PA, and pure POPC as PC. Samples prepared with the inverted emulsion method (IE) are shaded in light blue, and those with electroformation (EF) – in pink. The vesicle were in (A) sucrose/glucose solutions, (B) sucrose/glucose solutions buffered with 10 mM HEPES, pH 7.4, and (C) in sucrose/glucose solution containing 5 mM NaCl (as in the main text) right after preparation and after 4 hours; the zeta potential data measured immediately after preparation (0h) is the same as that in Figure 2A in the main text corroborating lack of significant POPA flip-flop across the membrane over the observed periods of time. The measurements were performed at 25 °C.

## 6. Micropipette aspiration data

The vesicle-micropipette measurements were first optimized and probed for hysteresis potentially resulting from membrane adhesion to the glass capillaries. Individual results of micropipette aspiration experiments are presented in Figure S6 for symmetric and asymmetric vesicles prepared via electroformation and inverted emulsion transfer.

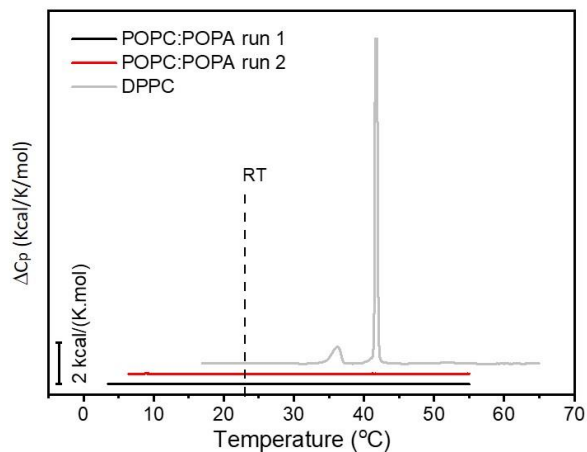


**Figure S6.** Example experimental data testing for hysteresis for both electroformed (pink background) and inverted-emulsion (light blue) vesicles composed of (A) symmetric, POPC, (B) symmetric, POPC:POPA 80:20, (C) asymmetric, Out: POPC:POPA, In: POPC and (D) asymmetric, Out POPC, In: POPC:POPA.



**Figure S7.** Area compressibility values measured on individual GUVs with (A) symmetric and (B) asymmetric membranes prepared using electroformation (EF, pink background) or inverted-emulsion method (IE, light blue). The values plotted on the right represents weighted area compressibility, where the weight was assumed as inverse of given measurement uncertainty.

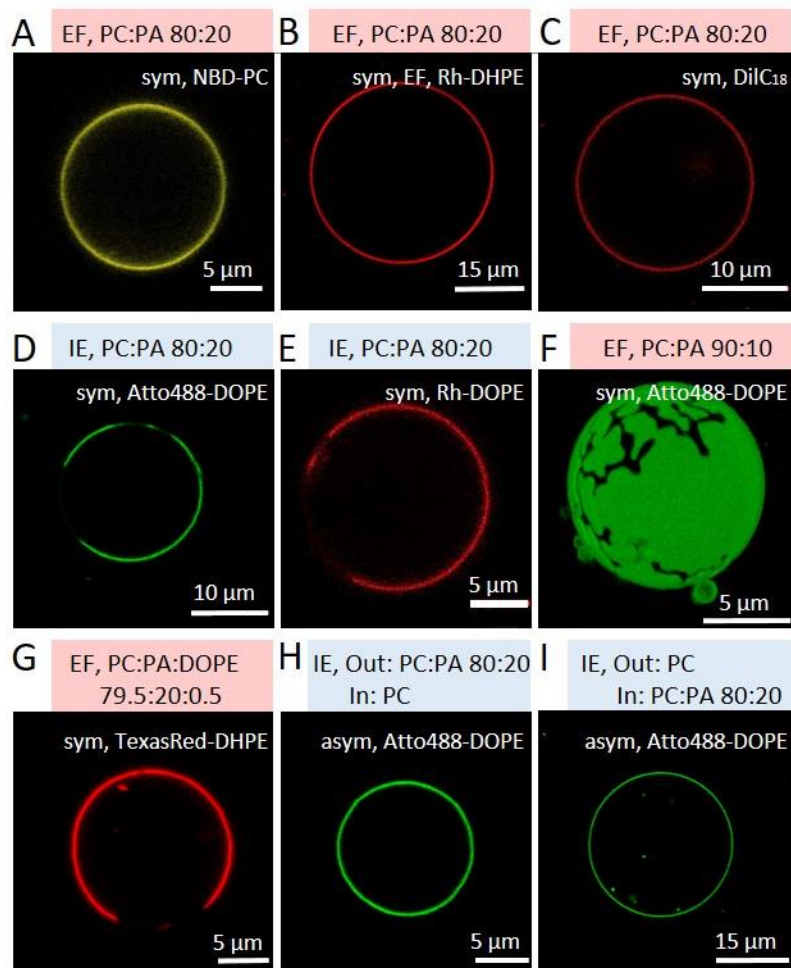
## 7. Differential scanning calorimetry data



**Figure S8.** Excess heat capacity profiles of LUVs composed of POPC:POPA 80:20 (black and red, 5 mM total lipid concentration) show no detectable phase transition; for comparison a measurement on MLVs composed of dipalmitoylphosphatidylcholine (DPPC, 10 mM lipid concentration) exhibiting a gel-fluid phase transition at 41 °C is shown in gray. Room temperature (RT) is indicated by a vertical black dashed line. For the POPC:POPA mixture, the temperature ranges for run 1 and run 2 were 5-55 °C and 2-55 °C respectively, at a scan rate of 20°C/h (heating). For the DPPC composition, the temperature range was 15-65 °C at a scan rate of 60°C/h (heating). All scans were normalized to the respective lipid concentration. The curves were shifted in the y-axis for better visualization.



## 8. Domain formation induced by DOPE-based dyes

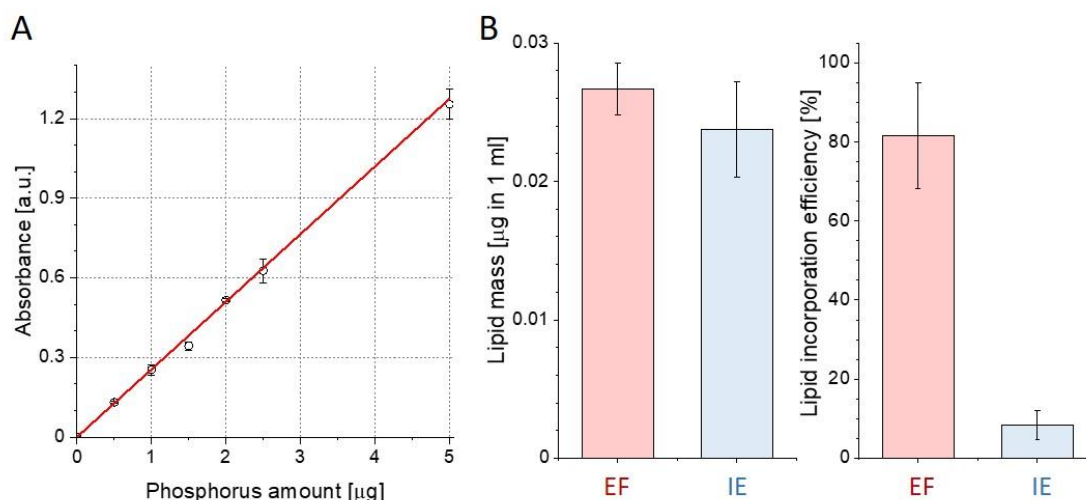


**Figure S9.** Effect of membrane composition and fluorescent label (0.5 mol%) on domain appearance. Examples of symmetric POPC:POPA 80:20 electroformed (EF, pink highlight) vesicles labelled with (A) NBD-PC, (B) Rh-DHPE and (C) DiI<sub>C18</sub>, not showing phase separation; for clarity we show confocal cross sections even though the whole vesicle surface was examined for domains. Examples of POPC:POPA 80:20 inverted-emulsion (IE, light blue) vesicles labelled with (D) Atto488-DOPE and (E) Rh-DOPE showing phase separation; the dyes were added to both oil phases forming the individual leaflets. (F) EF GUV made of POPC:POPA 90:10 labeled with Atto488-DOPE showing smaller domain area fraction compared to 80:20. (G) EF GUV made of POPC:POPA:DOPE 79.5:20:0.5 labelled with TexasRed-DHPE. Examples of asymmetric IE vesicles without domains: (H) POPA-containing outer leaflet labelled with Atto488-DOPE and (I) POPA-containing inner leaflet labelled with Atto488-DOPE.

## 9. Assessment of lipid amount in the GUV samples and the efficiency of the electroformation and inverted emulsion preparation methods in terms of used lipids

The assessment of lipid amount in the GUV samples was performed with phosphorus analysis (3). Ascorbic acid was bought from Roth, ammonium heptamolybdate was bought from POCH, Phosphorus Standard for AAS was purchased from Fluka Analytical. A calibration curve (Figure S10A) was built as follows. Appropriate amounts of KH<sub>2</sub>PO<sub>4</sub> that correspond to 0, 0.5, 1, 0.5, 2, 2.5 and 5  $\mu$ g of phosphorus were dissolved in 50  $\mu$ l of water in glass vials. This was followed by addition of 0.5 ml of concentrated perchloric acid (70%) to all vials and heating to 200 °C for 2 hours under cover to mineralize phosphate. Then, 1 ml aqueous solution of 2.5 wt% ammonium molybdate and 10 wt% ascorbic acid was added to each vial, followed by vortexing and keeping the samples for 1 hour under

37 °C. The samples were then transferred to 96-well plate in such a way that each sample was pipetted in at least 3 wells. After cooling, the samples absorbance was measured at 800 nm wavelength using Asys UVM340 Plate Reader (Biochrom). The GUV samples (1.5 ml) were evaporated overnight under 95 °C and re-suspended in 50  $\mu$ l water to ensure similar conditions as for the samples used for preparing a calibration curve. They were subsequently treated as described above. The lipid mass was estimated from the calibration curve and the measured absorbance of the GUV samples, see Figure S10B. The efficiency of the preparation methods was calculated as the ratio of total amount of lipid in the obtained GUVs sample to the total amount of lipid applied to the electrode (in the electroformation protocol) or added to the two oil phases (in the inverted emulsion method).



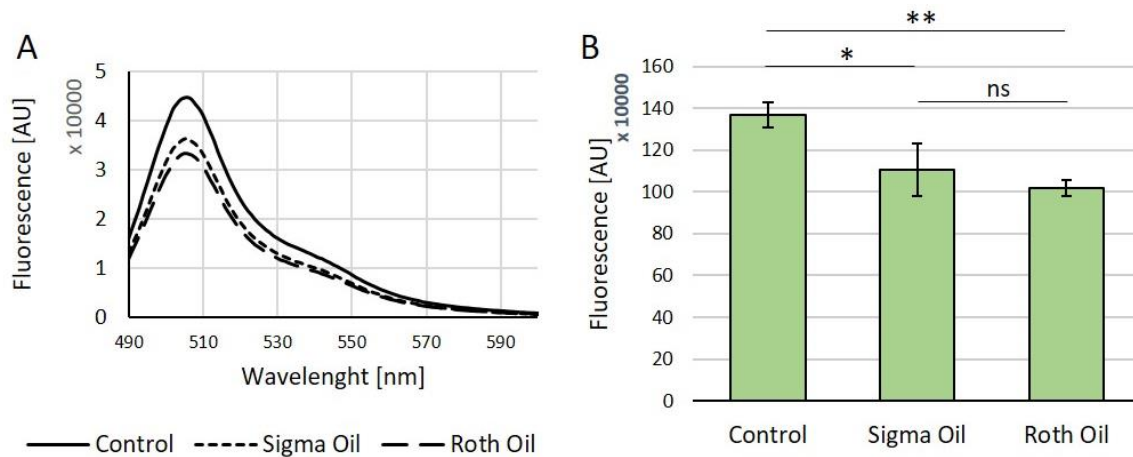
**Figure S10.** (A) Calibration curve used to determine lipid mass in GUV solutions (see text for details). (B) Lipid mass in 1 ml solutions of GUV suspensions obtained via electroformation (EF) or inverted emulsion (IE) method (left) and efficiency of lipid incorporation calculated as lipid amount in the GUV sample vs the initial amount of lipid used for the preparation for symmetric POPC vesicles (right).

## 10. Assessment of potential loss of $\alpha$ Syn-mEGFP during the emulsification step of the inverted emulsion method for GUV preparation

To estimate potential protein loss during emulsification, we followed this procedure: A 0.5 ml aliquot of 0.5  $\mu$ M  $\alpha$ Syn-mEGFP in an aqueous sucrose solution (700 mOsmol/kg) was placed in a LoBind 1.5 ml Eppendorf tube. Subsequently, 0.5 ml of oil was layered on top of the aqueous protein solution. The samples were horizontally shaken for 30 minutes at 180 RPM and 24°C. As a control, 1 ml of an aqueous protein solution was shaken under identical conditions. Afterwards, the samples were centrifuged and left to separate completely for half an hour. The aqueous phase was then collected, and the fluorescence spectrum was measured at excitation wavelength of 480 nm using an FS5 Spectrofluorometer (Edinburgh Instruments, UK). The signal was integrated in the range between 500 nm and 600 nm to correspond to the imaging range used for confocal microscopy evaluation of the GUV samples. The results are presented in Figure S11.

No statistically significant differences were observed between the samples with Sigma and Roth oils. However, compared to the control sample, a statistically significant decrease in fluorescence intensity was detected in samples containing oils. The procedures with Sigma and Roth oils resulted in fluorescence reductions of approximately (20 $\pm$ 5)% and (25 $\pm$ 2)%, respectively, with statistical significance of (\*)  $p < 0.05$  and (\*\*)  $p < 0.01$ .

Finally, we should emphasize that the transfer of protein to the oil phase was examined here in the absence of phospholipids. During vesicle preparation, the formation of a lipid monolayer at the aqueous droplets can be expected to impede the protein transfer to the oil phase or adsorption at the water/oil interface.



**Figure S11.** Average fluorescence of  $\alpha$ Syn-mEGFP in aqueous solution after incubation with oils compared to the control sample (in the absence of oil). (A) Average fluorescence spectra; (B) Fluorescence signal integrated over the wavelength range between 500 nm and 600 nm. The statistical significance of fluorescence differences between the control sample and the test samples was assessed using the ANOVA test followed by Tukey's Multiple Comparison post hoc test.

## References

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